

VEVOR[®]

TOUGH TOOLS, HALF PRICE

Technical Support and E-Warranty Certificate www.vevor.com/support

Basic payment Weightlifting bed

MODEL:YFBH-9B

We continue to be committed to provide you tools with competitive price.

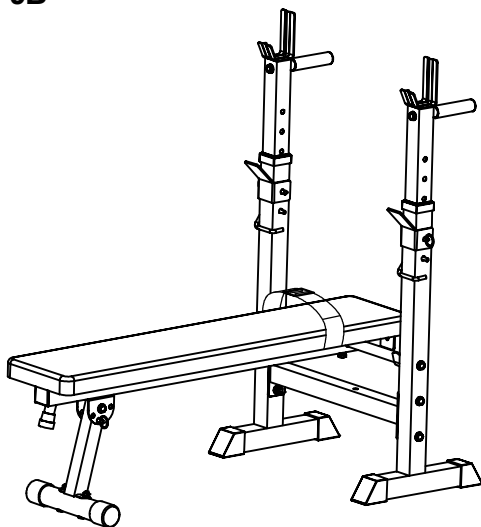
"Save Half", "Half Price" or any other similar expressions used by us only represents an estimate of savings you might benefit from buying certain tools with us compared to the major top brands and does not necessarily mean to cover all categories of tools offered by us. You are kindly reminded to verify carefully when you are placing an order with us if you are actually saving half in comparison with the top major brands.

VEVOR®

TOUGH TOOLS, HALF PRICE

Basic payment
Weightlifting bed

MODEL: YFBH-9B



NEED HELP? CONTACT US!

Have product questions? Need technical support? Please feel free to contact us:

Technical Support and E-Warranty Certificate
www.vevor.com/support

This is the original instruction, please read all manual instructions carefully before operating. VEVOR reserves a clear interpretation of our user manual. The appearance of the product shall be subject to the product you received. Please forgive us that we won't inform you again if there are any technology or software updates on our product.

INSTRUCTIONS

Preface

First of all, let us express our heartfelt thanks to our customers who have purchased our equipment. This manual is for customer service to make better use of this equipment. We hope the company's products and services will bring you the same courtesy.

Pay attention

This product must be used in strict accordance with the use method of this manual, misuse of any other methods caused by misuse. The Company does not give any guarantee of any kind, including (but not limited to) the marketability offered to the Company for a particular purpose. Implied warranties with fitness.

The company accepts no liability. The Company shall not be liable for any errors contained in this material, or for any accidental or consequential damages resulting from the provision, actual performance or use of this manual.

This manual contains proprietary information protected by patent law. All rights reserved. Without the written consent of the Company, this manual is not allowed to be photocopied, copied, or translated any part into another language.

The content contained in the manual may be changed without the user's notice.

Manufacturer's liability

The Company shall be held responsible for the safety and reliability of the performance of the equipment only if the assembly operation, returning, improvement and maintenance are carried out by personnel approved by the Company, the electrical equipment concerned conforms to national standards, and the equipment is used in accordance with the operating instructions.

Guarantee

Manufacturing process and raw materials: The Company guarantees that the Equipment (except parts) are in regular use and repair condition, free of manufacturing process and raw materials faults for one year from the date of shipment. None of our inspections is perfect.

PRECAUTIONS

Precautions for use



WARNING:

Please read all instructions before using this product

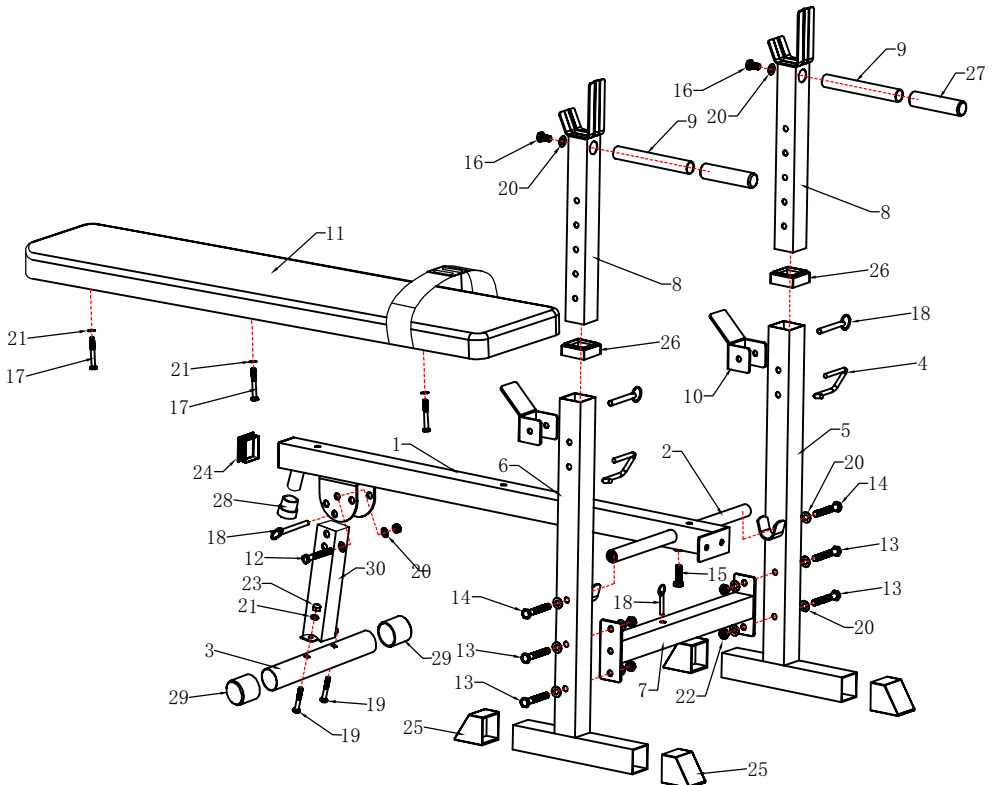
It is the Owner's responsibility to ensure that all users of this product are fully aware of all warnings and precautions.

- Do not use it if you are pregnant.
- Before beginning any exercise program consult your physician.
- Read all instruction before using this product.
- Keep children and pets away from sit-up bench while in use. Children should not use. The sit-up bench without adult supervision.
- Inspect and tighten all parts each time before using this sit-up bench.
- Please clean this machine using dampened wipes only. Do not use any cleansers. Please Consult with customer service if you have any questions.
- This product should be placed on a flat surface when using. Place an anti-slippery mat under the machine if needed.
- Please wear proper clothes when using this product.
- Do not use it if it is not functional or parts are not well-assembled.
- If you feel any chest pains, nausea, dizziness, or short of breath, you should stop exercising immediately and consult your physician before continuing.
- Store idle equipment out of reach of children and do not allow anyone unfamiliar with the equipment to use it. This tool is dangerous in the hands of untrained users.
- When using the product, the crowd of onlookers must keep a distance of 3 meters to avoid accidental injury.

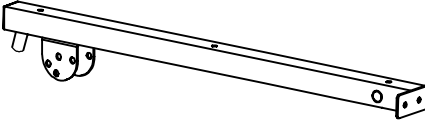
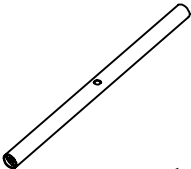
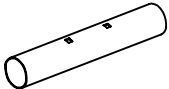
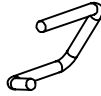
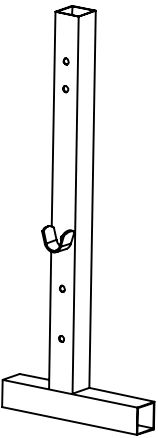
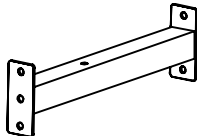
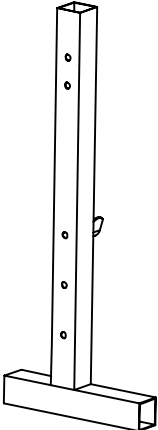
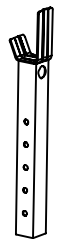
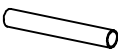
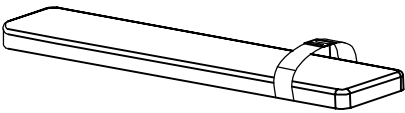
SAVE THESE INSTRUCTIONS

PART LIST

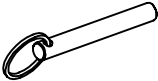
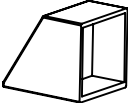
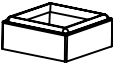
NO.	DESCRIPTION	QTY	NO.	DESCRIPTION	QTY
1.	Main Frame	1	16.	M10x20 Hex Bolt	2
2.	Cross Tube	1	17.	M8x65 Hex Bolt	3
3.	Front Base Tube	1	18.	Quick Pin	4
4.	Safety Pin	2	19.	M8x55 Carriage Bolt	2
5.	Back Stand Frame(left)	1	20.	M10 Washer	14
6.	Back Stand Frame(right)	1	21.	M8 Washer	5
7.	Connect Tube	1	22.	M10 Nylon Nut	5
8.	Adjustable Tube	2	23.	M8 Nut	2
9.	Handle Bar	2	24.	□50 End Plug	1
10.	Adjustable Plate	2	25.	□50 Foot Cover	4
11.	Cushion	1	26.	Mid-empty Plug	2
12.	M10x55 Hex Bolt	1	27.	Handle Grip	2
13.	M10x70 Hex Bolt	4	28.	○25 End Cover	1
14.	M10x65 Hex Bolt	2	29.	○50 Foot Cover	2
15.	M10x45 Hex Bolt	1	30.	Front Stand Frame	1



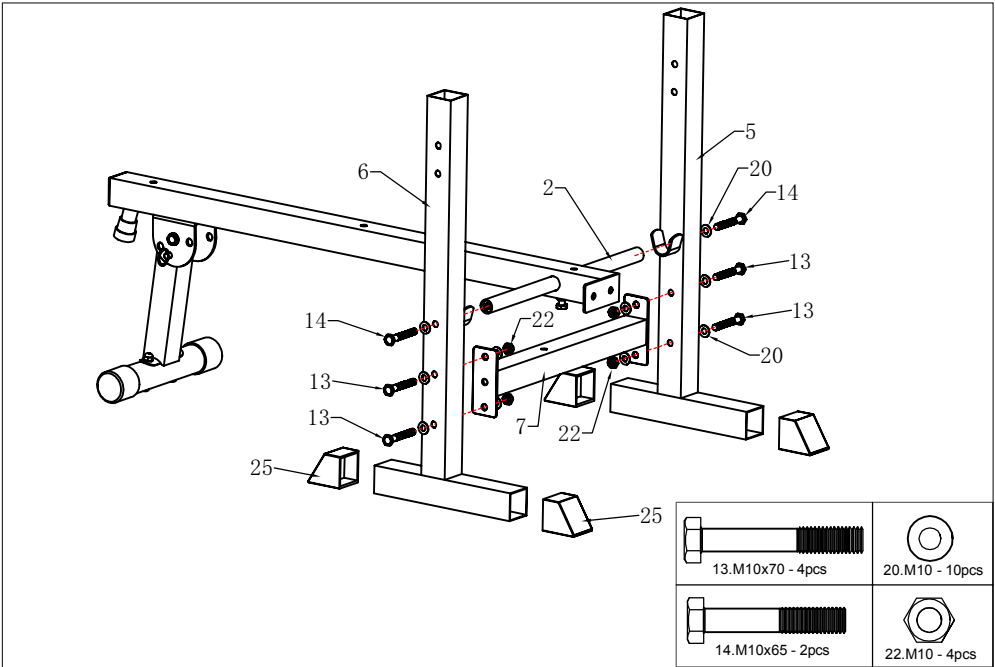
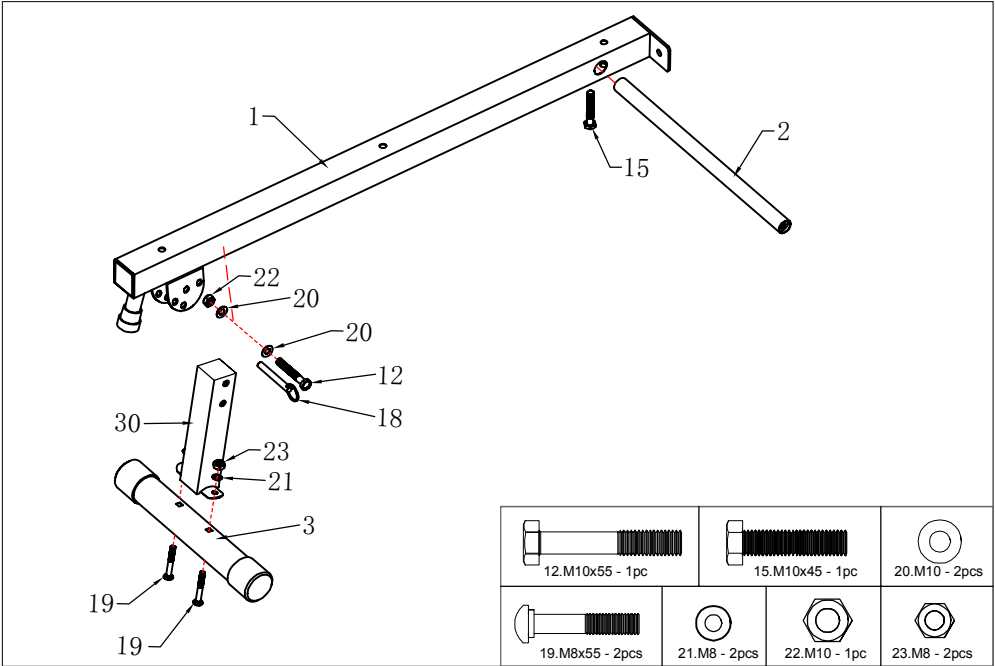
PART LIST

1  1pc	2  1pc	3  1pc	
4  2pcs	5  1pc		
7  1pc	6  1pc		
8  2pcs	9  2pcs	11  1pc	
10  2pcs			
12  M10x55 1pc	13  M10x70 4pcs	14  M10x65 2pcs	15  M10x45 1pc

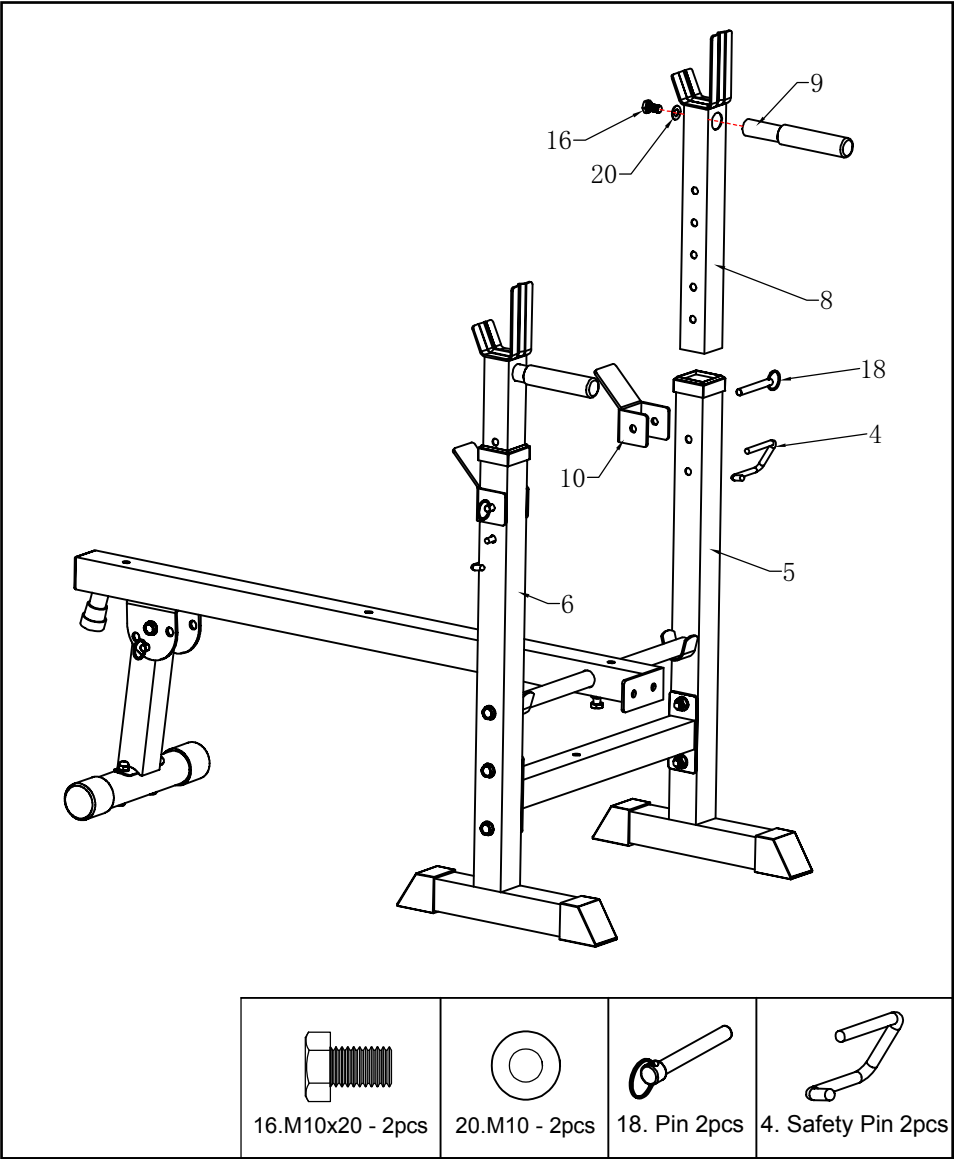
PART LIST

16  M10x20 2pcs	17  M8x65 3pcs	18  4pcs	19  M8x55 2pcs
20  M10 14pcs	21  M8 5pcs	22  M10 5pcs	23  M8 2pcs
24  1pc	25  4pcs	26  2pcs	27  2pcs
28  1pc	29  2pcs	30  1pc	

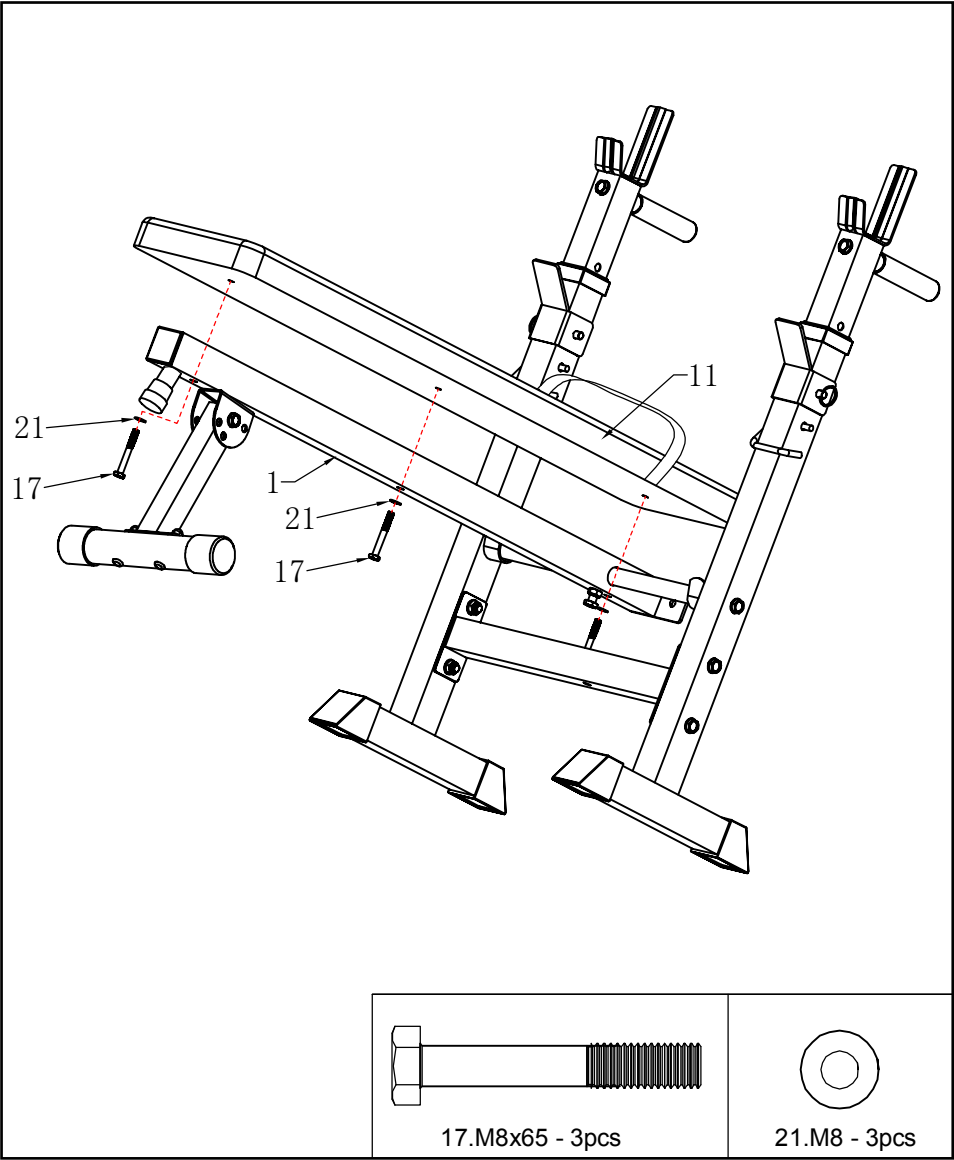
Installation steps



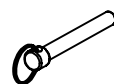
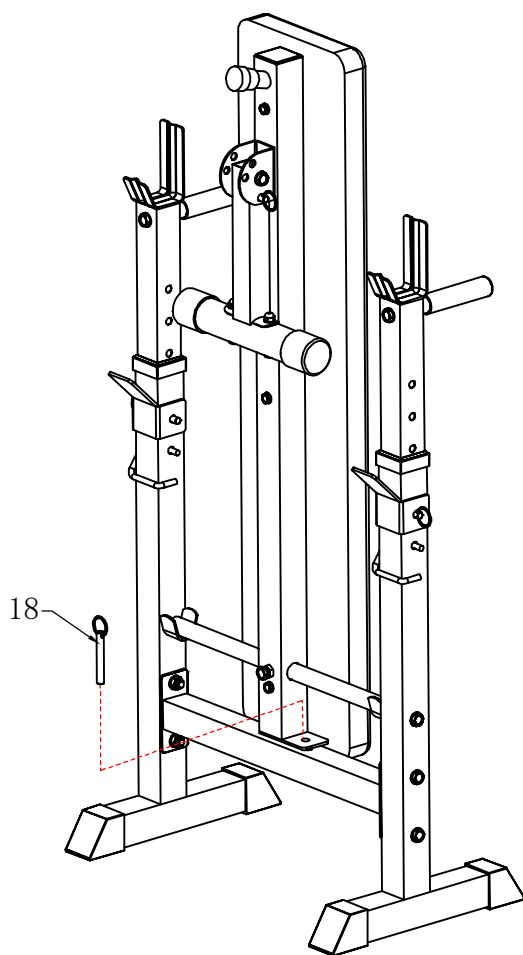
Installation steps



Installation steps

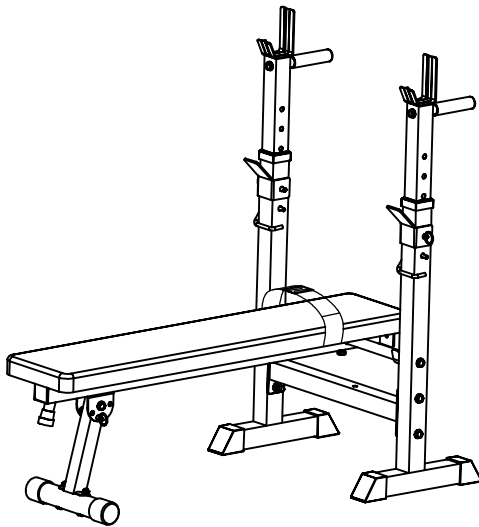
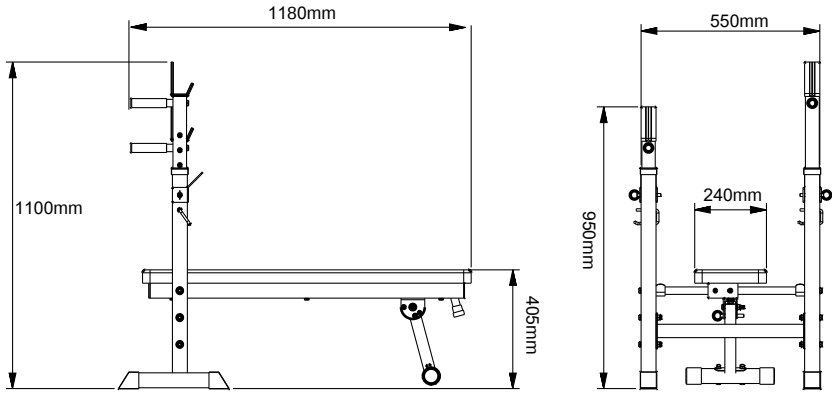


Installation steps



18. Pin 1pc

PRODUCT SIZE CHART



Maximum Weight Capacity: 400 LBS.

Cleaning and disinfection

- 1.Wipe the surface with a wet cotton cloth.
- 2.Check the screws regularly every 3 months for loosening and tighten the screws.

Manufacturer: Shanghaimuxinmuyeyouxiangongsi

Address: Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, shanghai 200000 CN.

Imported to AUS: SIHAO PTY LTD. 1 ROKEVA STREETEASTWOOD NSW 2122 Australia

Imported to USA: Sanven Technology Ltd. Suite 250, 9166 Anaheim Place, Rancho Cucamonga, CA 91730

UK	REP
----	-----

YH CONSULTING LIMITED. C/O YH Consulting Limited Office 147, Centurion House, London Road, Staines-upon-Thames, Surrey, TW18 4AX

EC	REP
----	-----

E-CrossStu GmbH
Mainzer Landstr.69,
60329 Frankfurt am Main.

VEVOR[®]

TOUGH TOOLS, HALF PRICE

Technical Support and E-Warranty Certificate

www.vevor.com/support



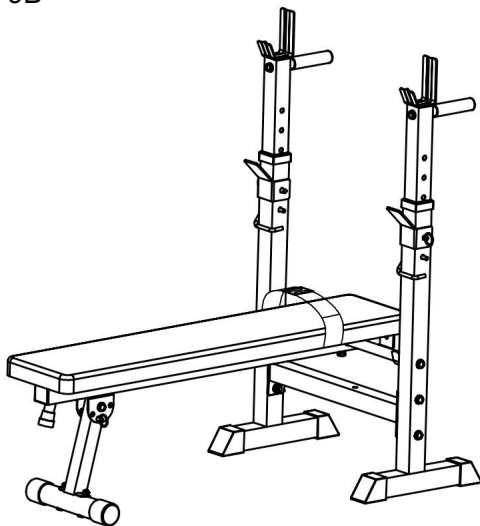
Paiement de base Lit d'haltérophilie

YFBH-9B

VEVOR[®]
TOUGH TOOLS, HALF PRICE

Paiement de base
Lit d'haltérophilie

YFBH-9B



BESOIN D'AIDE? CONTACTEZ-NOUS!

Vous avez des questions sur nos produits ? Vous avez besoin d'assistance technique ?
N'hésitez pas

à nous contacter : Assistance technique et certificat de garantie
électronique www.vevor.com/support

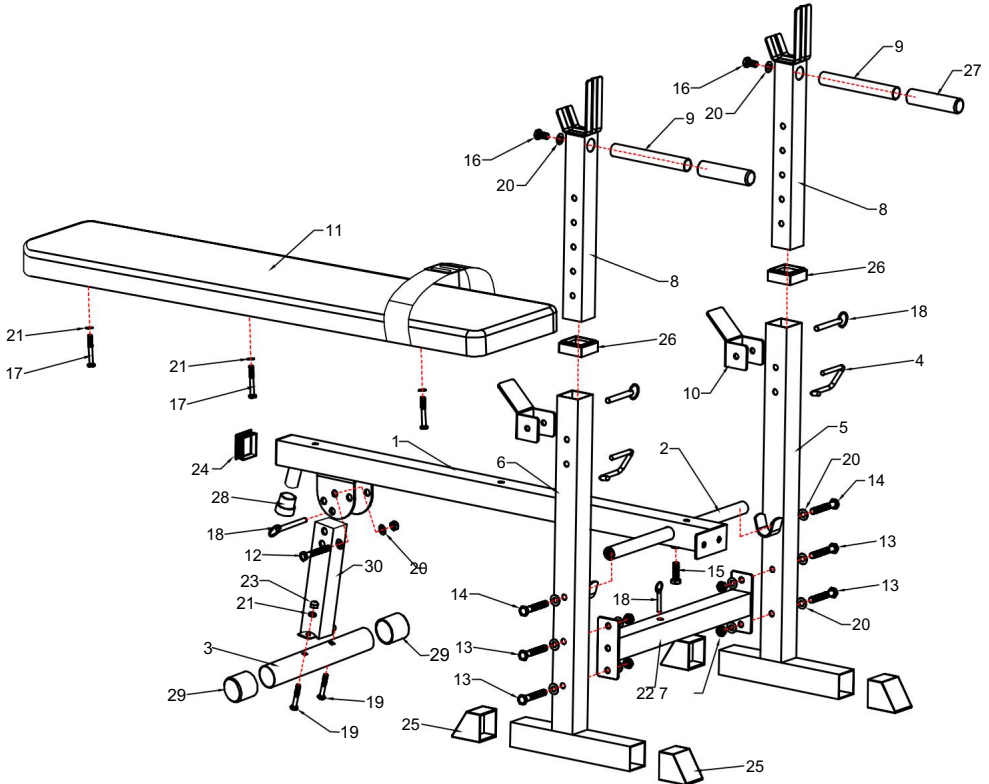
Il s'agit de la notice d'utilisation d'origine. Veuillez lire attentivement toutes les instructions du manuel avant de l'utiliser. VEVOR se réserve le droit d'interpréter clairement notre manuel d'utilisation. L'apparence du produit dépend du produit que vous avez reçu. Veuillez nous excuser, nous ne vous informerons plus en cas de mise à jour technologique ou logicielle de notre produit.

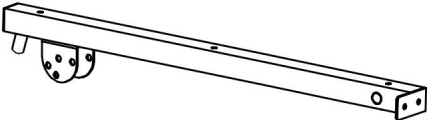
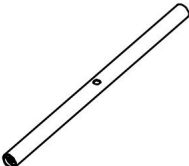
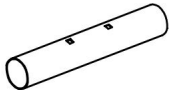
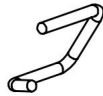
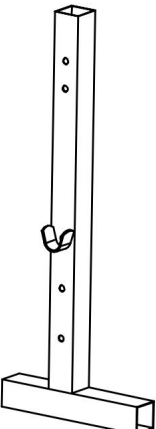
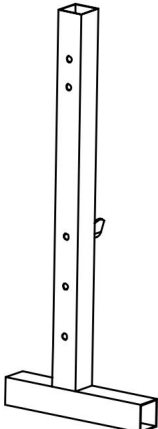
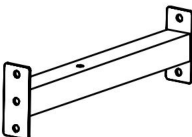
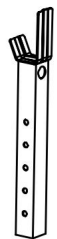
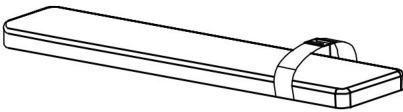


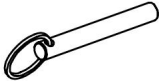
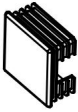
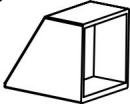
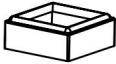


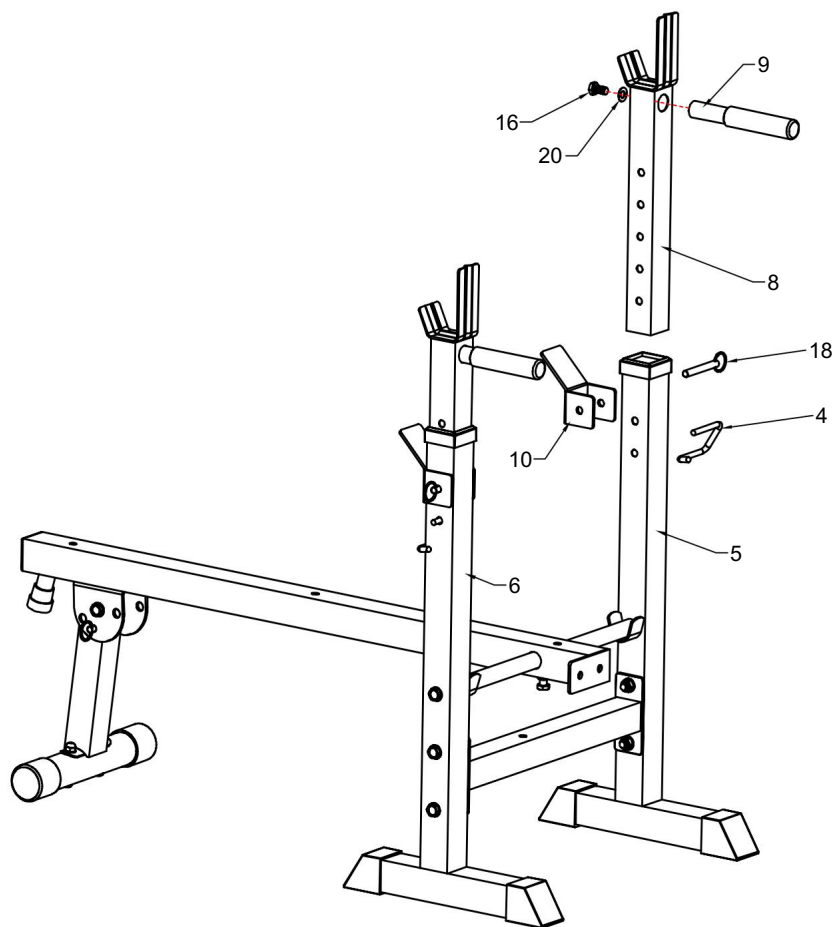
G

N°	DESCRIPTION	QTÉ	N°	DESCRIPTION	Qté
1.	Cadre principal	1	16.	Boulon hexagonal M10x20	2
2.	Tube transversal	1	17.	Boulon hexagonal M8x65	3
3.	Tube de base avant	1	18.	Épingle rapide	4
4.	Épingle de sûreté	2	19.	Boulon de carrosserie M8x55	2
5.	Cadre de support arrière (gauche)	1	20.	Rondelle M10	14
6.	Cadre de support arrière (droit)	1	21.	Rondelle M8	5
7.	Tube de connexion	1	22.	Écrou en nylon M10 23. Écrou M8 24. Bouchon d'extrémité □ 50 25. Couvre-pied	5
8.	Tube réglable 9.	2			2
	Guidon 10.	2			1
	Plaque réglable 11.	2			4
	Coussin	1			2
12.	Boulon hexagonal M10x55	1	27.	Bouchon à moitié vide	
13.	Boulon hexagonal M10x70	4	28.	Poignée Poignée	2
14.	Boulon hexagonal M10x65	2	29.	+25 Couvercle d'extrémité	1
15.	Boulon hexagonal M10x45	1	30.	+Couverture de 50 pieds	2
				Cadre de béquille avant	1



1  1 pièce	2  1 pièce	3  1 pièce
4  2 pièces	5  1 pièce	6  1 pièce
7  1 pièce		
8  2 pièces	9  2 pièces	11  1 pièce
	10  2 pièces	
12  M10x55 1 pièce	13  M10x70 4 pièces	14  M10x65 2 pièces
		15  M10x45 1 pièce

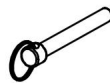
16  M10x20 2 pièces	17  M8x65 3 pièces	18  4 pièces	19  M8x55 2 pièces
20  M10 14 pièces	21  M8 5 pièces	22  M10 5 pièces	23  M8 2 pièces
24  1 pièce	25  4 pièces	26  2 pièces	27  2 pièces
28  1 pièce	29  2 pièces	30  1 pièce	



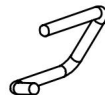
16.M10x20 - 2 pièces 20



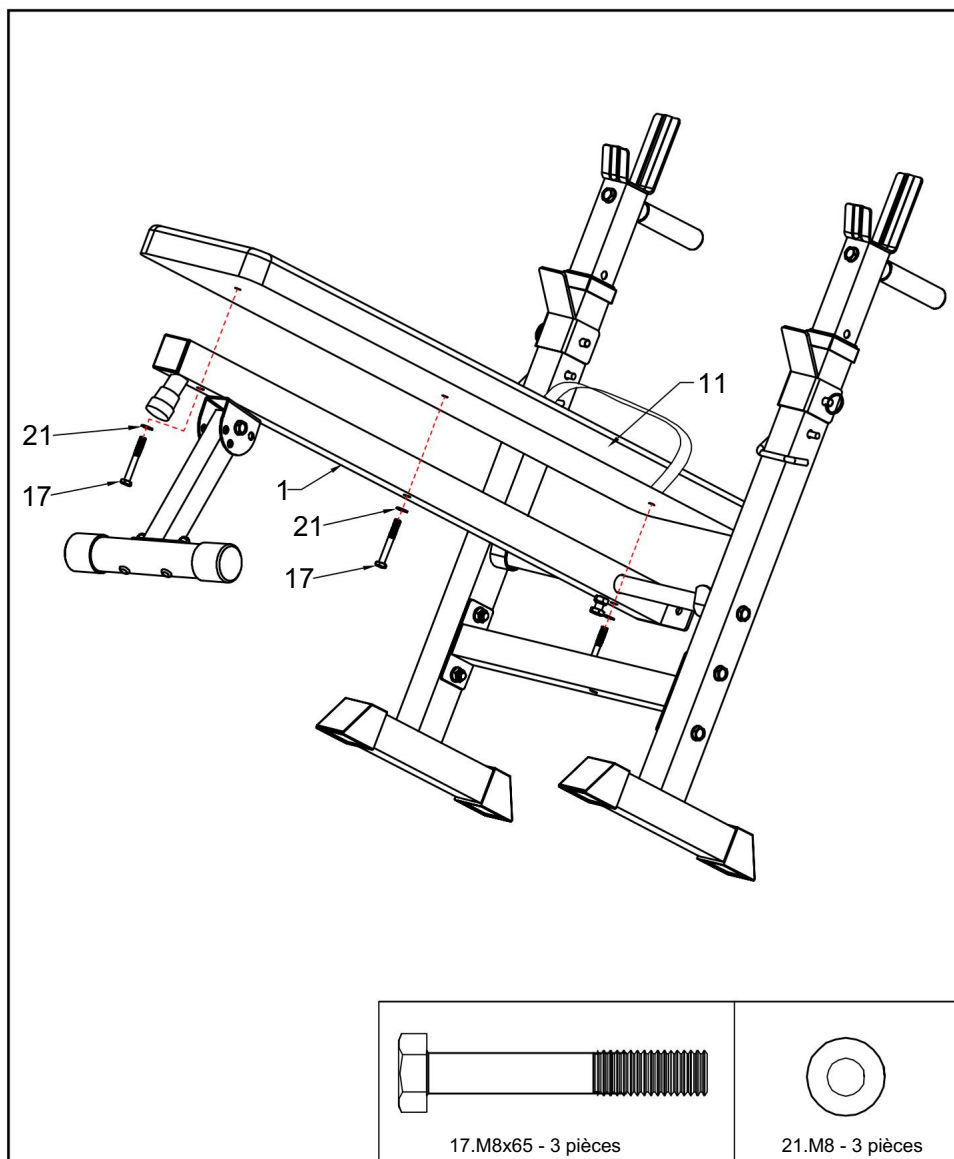
M10 - 2 pièces 18.

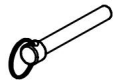
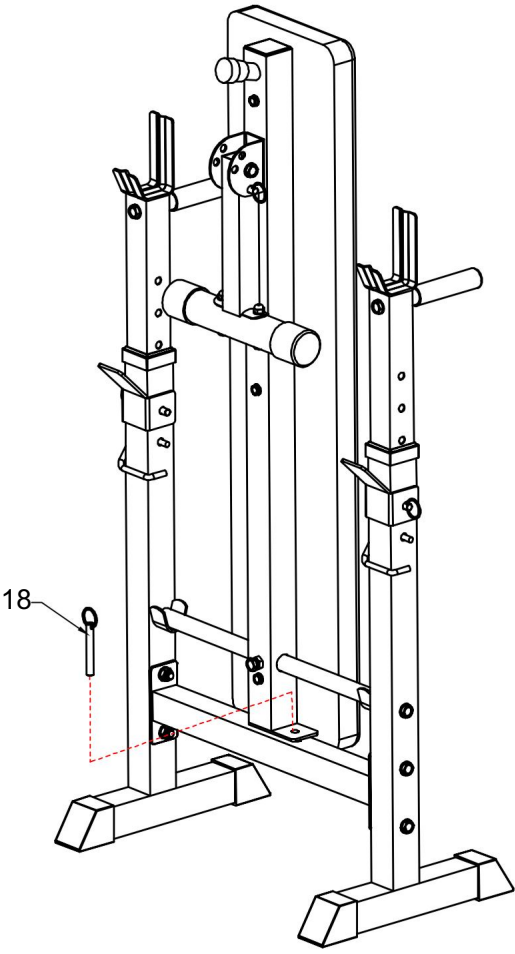


Goupille 2 pièces 4.

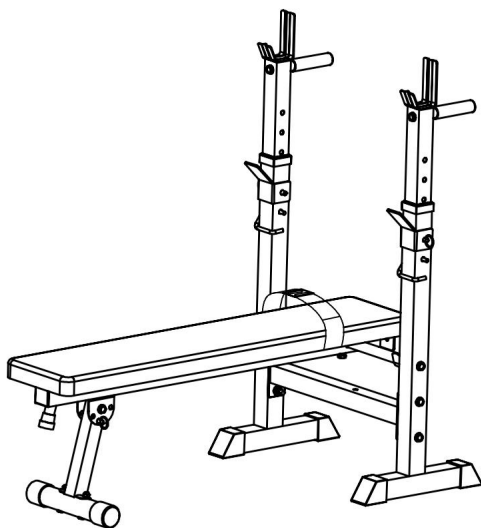
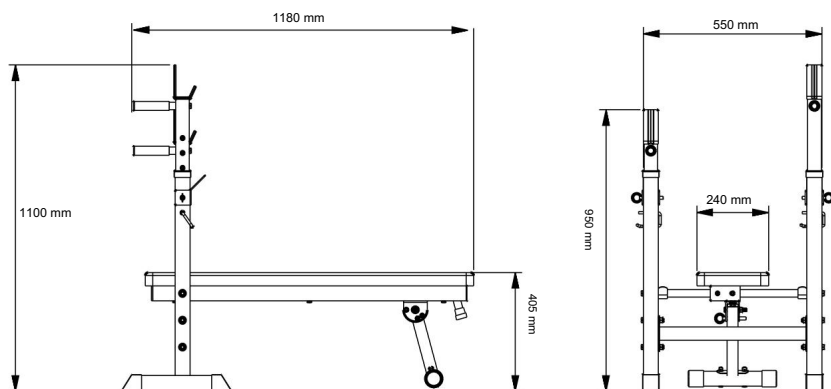


Goupille de sécurité 2 pièces





18. Broche 1 pièce



Capacité de poids maximale : 400 lb.

- 
-
1. Essuyez la surface avec un chiffon en coton humide.
 2. Vérifiez régulièrement les vis tous les 3 mois pour vous assurer qu'elles ne sont pas desserrées et resserrez-les.

Fabricant : Shanghaimuxinmuyeyouxiangongsi Adresse :
Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, shanghai 200000 CN.

Importé en Australie : SIHAO PTY LTD. 1 ROKEVA STREETEASTWOOD NSW 2122
Australie

Importé aux États-Unis : Sanven Technology Ltd. Suite 250, 9166 Anaheim Place,
Rancho Cucamonga, CA 91730



YH CONSULTING LIMITED. C/O YH Consulting Limited
Bureau 147, Centurion House, London Road, Staines-
upon-Thames, Surrey, TW18 4AX



E-CrossStu GmbH
Mainzer Landstr.69,
60329 Francfort-sur-le-Main.

VEVOR[®]

TOUGH TOOLS, HALF PRICE

VEVOR®

TOUGH TOOLS, HALF PRICE

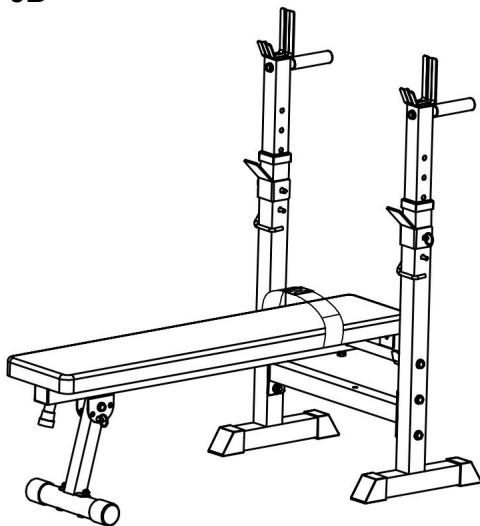
Grundzahlung Gewichtheberbett

YFBH-9B

VEVOR®
TOUGH TOOLS, HALF PRICE

**Basiszahlung
Gewichtheberbett**

YFBH-9B



Brauchen Sie Hilfe? Kontaktieren Sie uns!

Haben Sie Fragen zum Produkt? Benötigen Sie technischen Support? Bitte kontaktieren Sie uns:

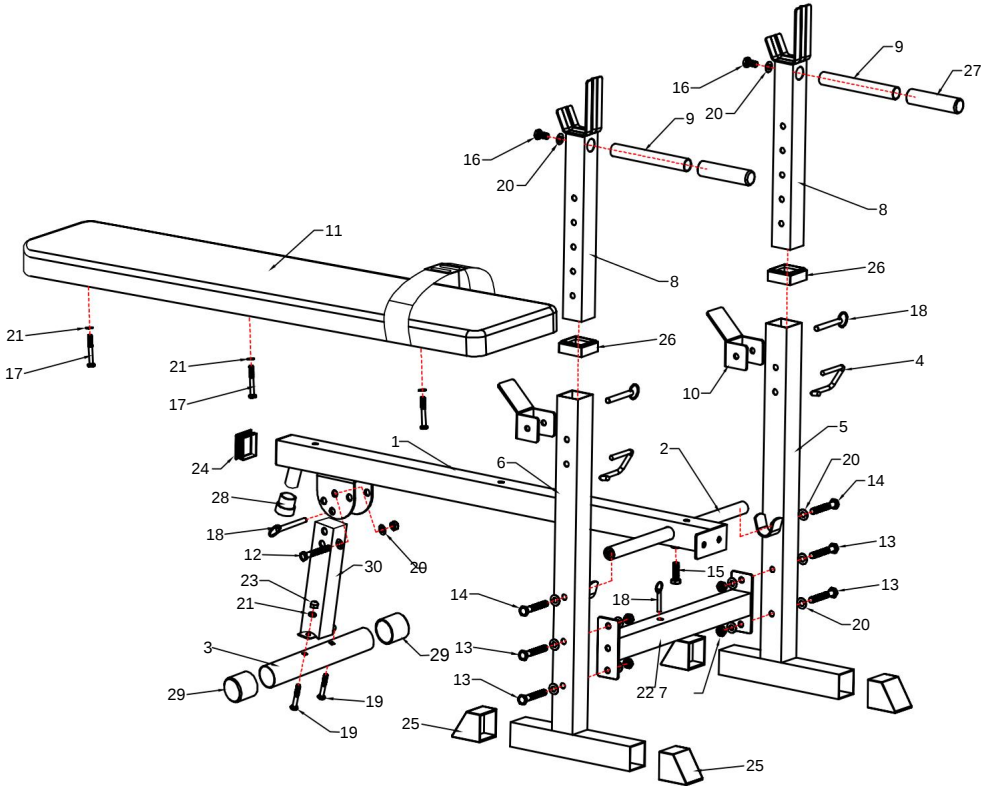
Technischer Support und E-Garantie-Zertifikat www.vevor.com/support

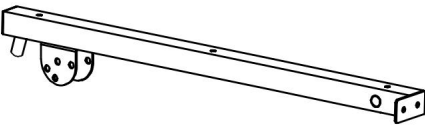
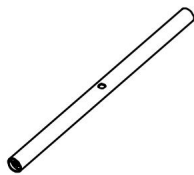
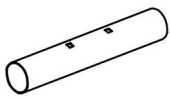
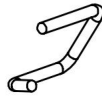
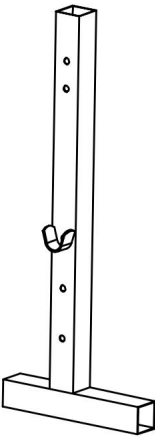
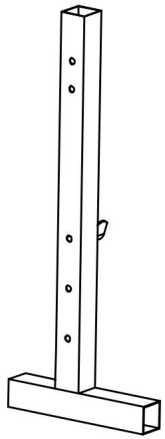
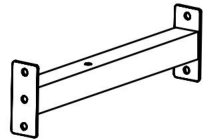
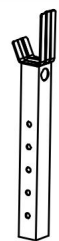
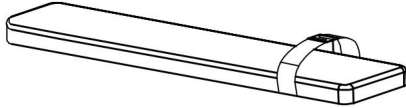
Dies ist die Originalanleitung. Bitte lesen Sie alle Anweisungen sorgfältig durch, bevor Sie das Gerät in Betrieb nehmen. VEVOR behält sich eine klare Auslegung unserer Bedienungsanleitung vor. Das Erscheinungsbild des Produkts richtet sich nach dem Produkt, das Sie erhalten haben. Bitte verzeihen Sie uns, dass wir Sie nicht erneut informieren, wenn es Technologie- oder Software-Updates für unser Produkt gibt.

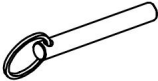
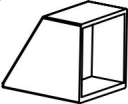


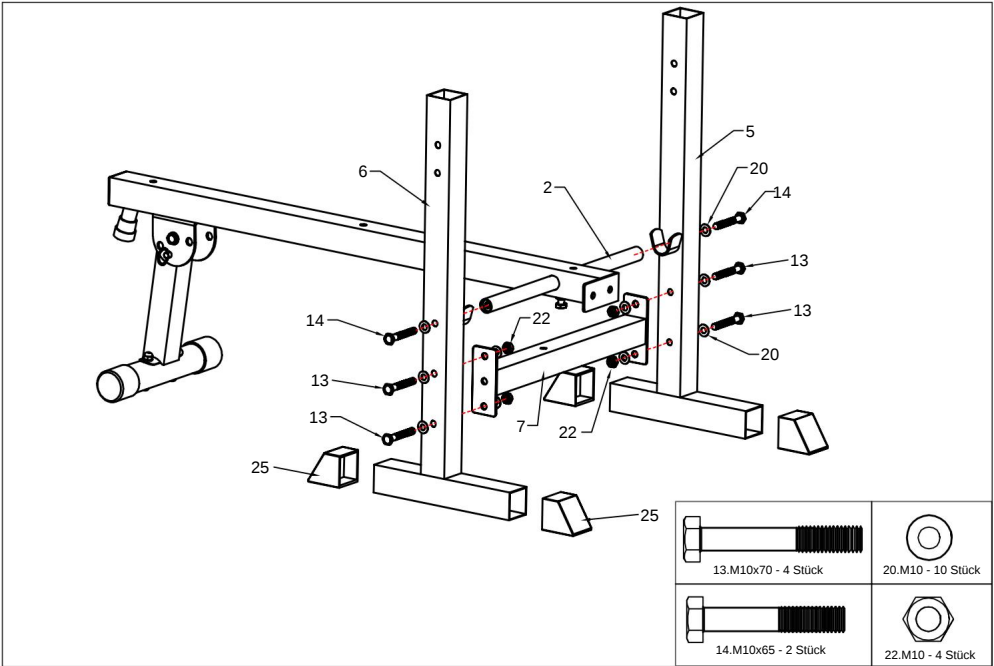
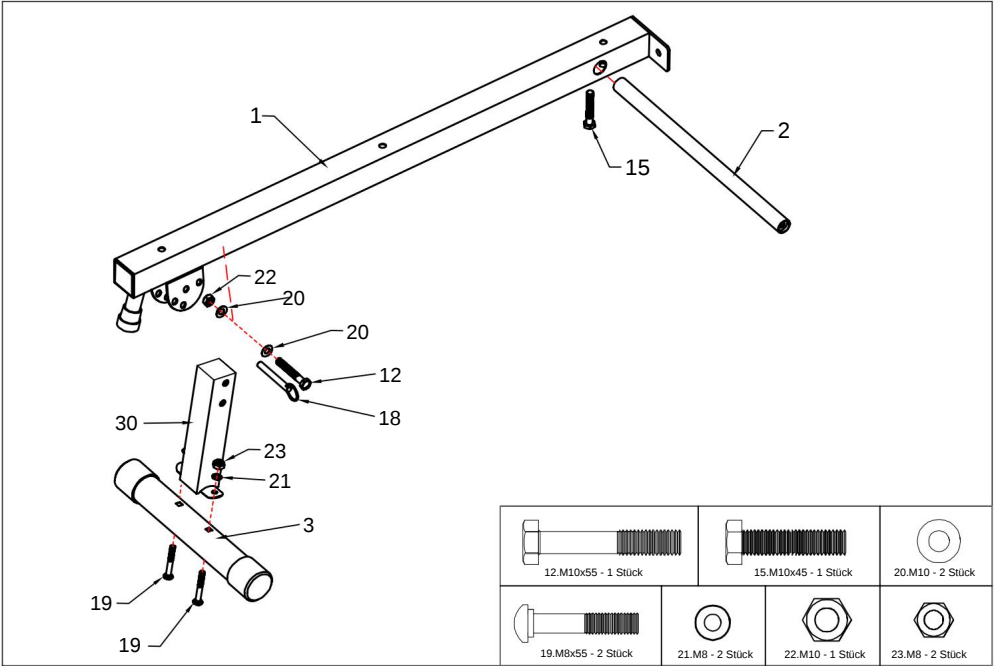


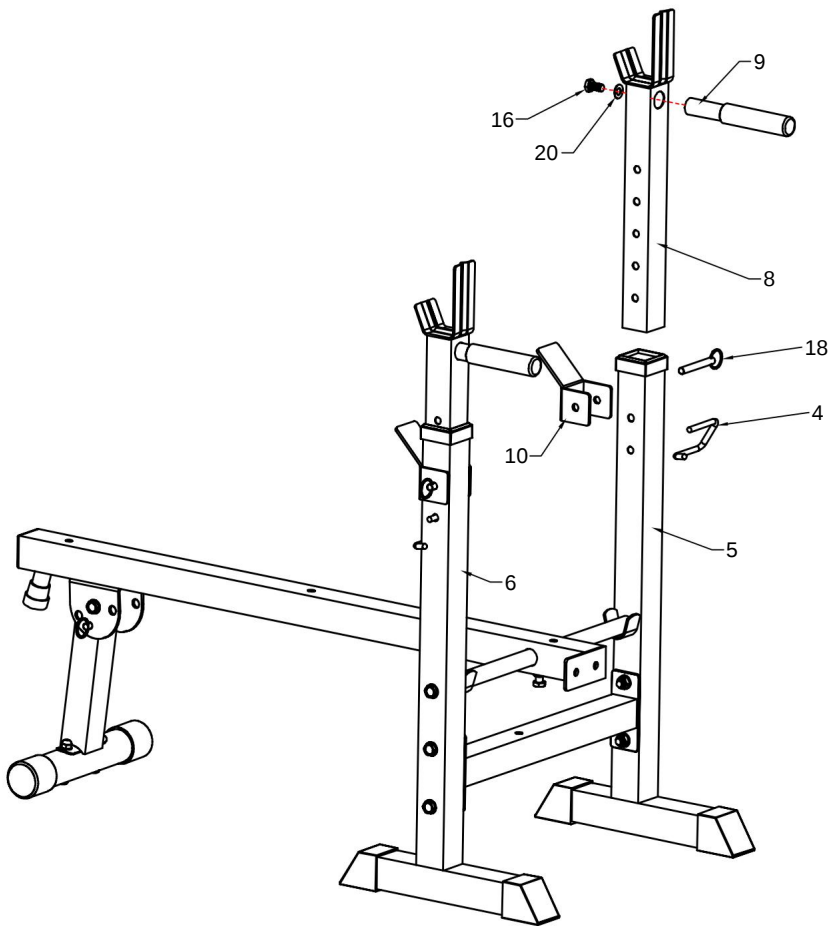
NR. BESCHREIBUNG	MENGE	NR. BESCHREIBUNG	Menge
1. Hauptrahmen	1	16. M10x20 Sechskantschraube	2
2. Querrohr	1	17. M8x65 Sechskantschraube	3
3. Vorderes Basisrohr	1	18. Schneller Pin	4
4. Sicherheitsnadel	2	19. M8x55 Schlossschraube	2
5. Hinterer Standrahmen (links)	1	20. M10 Unterlegscheibe	14
6. Hinterer Standrahmen (rechts)	1	21. M8 Unterlegscheibe	5
7. Verbindungsrohr	1	22. M10 Nylonmutter 23. M8	5
8. Verstellbares Rohr	2	Mutter 24. y50	2
9. Lenker 10.	2	Endstopfen 25. y50	1
Verstellbare Platte	2	Fußabdeckung 26.	4
11. Kissen	1	Griff für	2
12. M10x55 Sechskantschraube	1	27.	2
13. M10x70 Sechskantschraube	4	28. Mittelentleerungsstopfen •25	Endabdeckung
14. M10x65 Sechskantschraube	2	29. •50 Fuß Abdeckung	2
15. M10x45 Sechskantschraube	1	30. Vorderer Ständerahmen	1



1  1 Stück	2  1 Stück	3  1 Stück	
4  2 Stück	5  1 Stück	6  1 Stück	
7  1 Stück			
8  2 Stück	9  2 Stück	11  1 Stück	
	10  2 Stück		
12  M10x55 1 Stück	13  M10x70 4 Stück	14  M10x65 2 Stück	15  M10x45 1 Stück

16  M10x20 2 Stück	17  M8x65 3 Stück	18  4 Stück	19  M8x55 2 Stück
20  M10 14 Stück	21  M8 5 Stück	22  M10 5 Stück	23  M8 2 Stück
24  1 Stück	25  4 Stück	26  2 Stück	27  2 Stück
28  1 Stück	29  2 Stück	30  1 Stück	

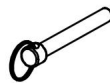




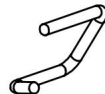
16.M10x20 - 2 Stück



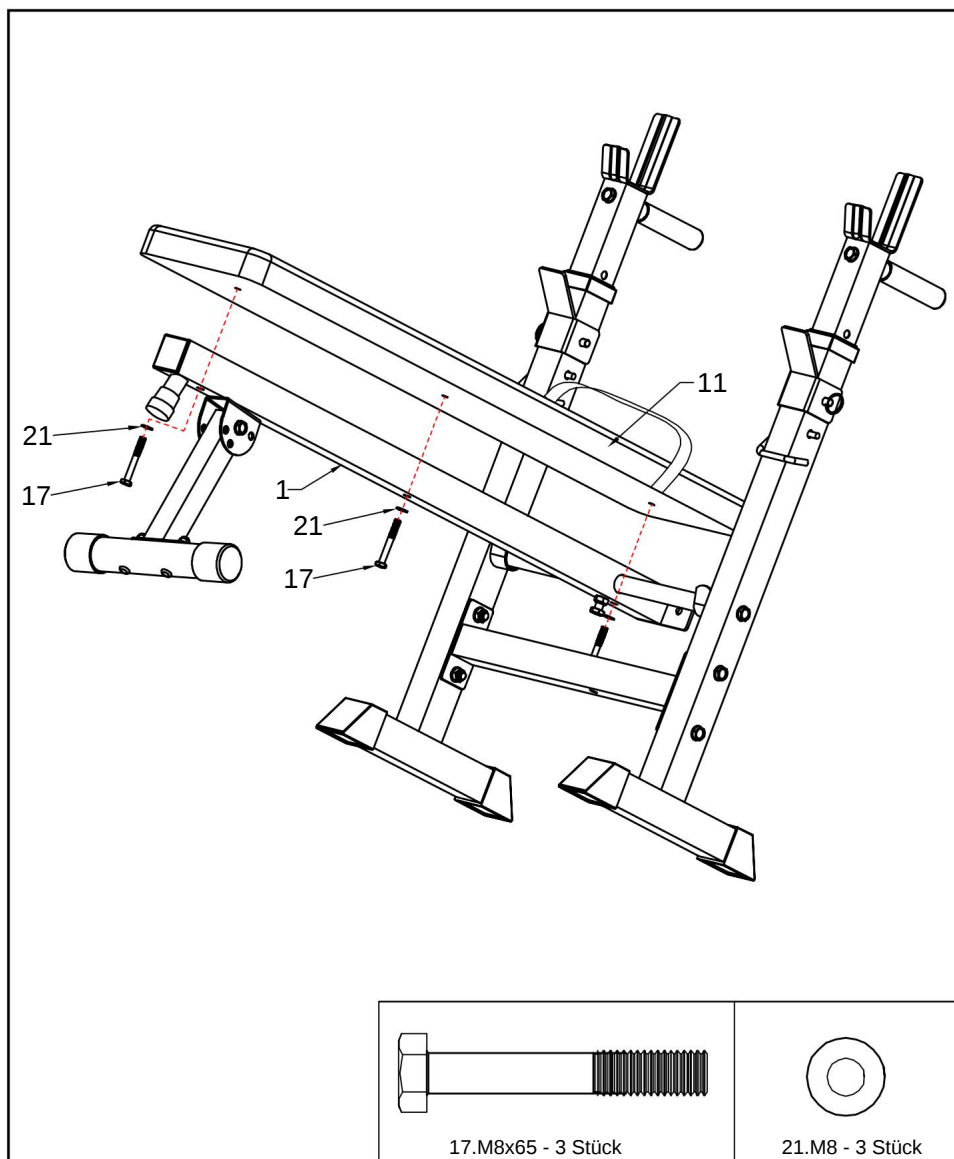
20.M10 - 2 Stück

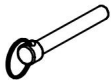
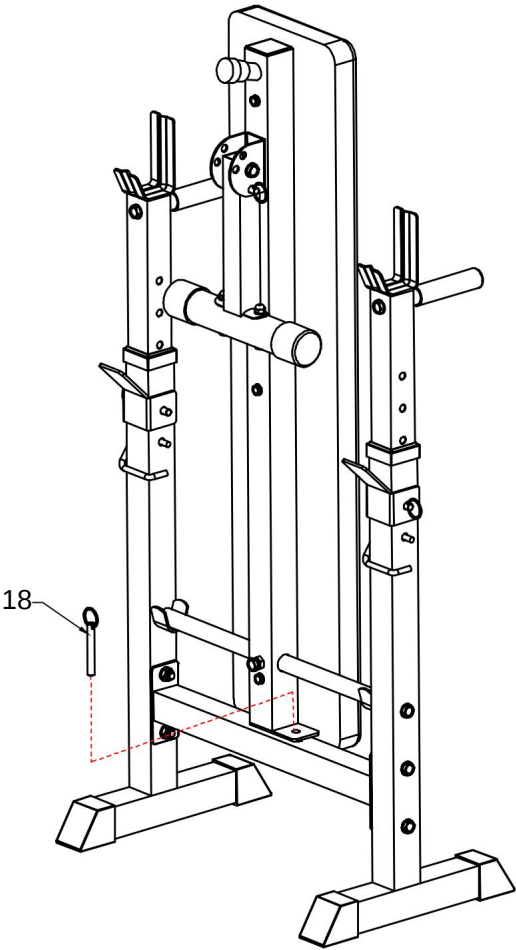


18. Stift 2 Stück

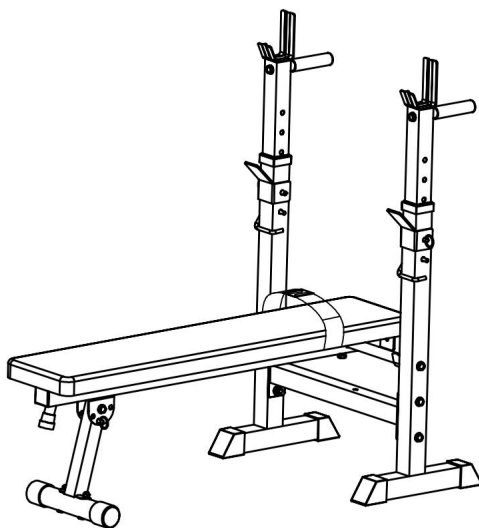
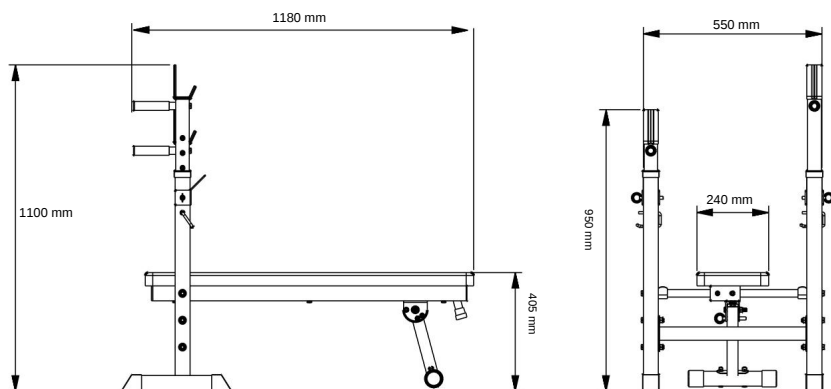


4. Sicherheitsstift 2 Stück





18. Stift 1 Stück



Maximale Gewichtskapazität: 400 Pfund.

- 
-
1. Wischen Sie die Oberfläche mit einem feuchten Baumwolltuch ab.
 2. Überprüfen Sie die Schrauben regelmäßig alle 3 Monate auf Lockerung und ziehen Sie die Schrauben fest.

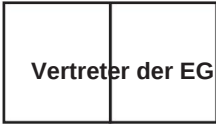
Hersteller: Shanghaimuxinmuyeyouxiangongsi **Adresse:**
Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, Shanghai 200000 CN.

Nach AUS importiert: SIHAO PTY LTD. 1 ROKEVA STREEEASTWOOD NSW 2122
Australien

Importiert in die USA: Sanven Technology Ltd. Suite 250, 9166 Anaheim Place,
Rancho Cucamonga, CA 91730



YH CONSULTING LIMITED. C/O YH Consulting Limited
Office 147, Centurion House, London Road, Staines-
upon-Thames, Surrey, TW18 4AX



E-CrossStu GmbH
Mainzer Landstr.69,
60329 Frankfurt am Main.

VEVOR[®]

TOUGH TOOLS, HALF PRICE

VEVOR[®]

TOUGH TOOLS, HALF PRICE

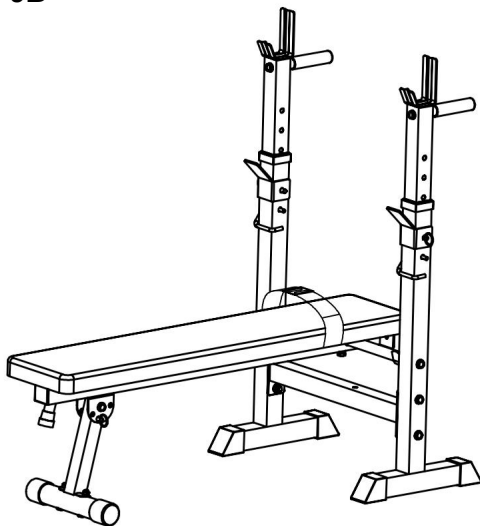
Pagamento base Letto per sollevamento pesi

YFBH-9B

VEVOR[®]
TOUGH TOOLS, HALF PRICE

Pagamento base
Letto per sollevamento pesi

YFBH-9B



HAI BISOGNO DI AIUTO? CONTATTACI!

Hai domande sul prodotto? Hai bisogno di supporto tecnico? Non esitare a contattarci:

Supporto

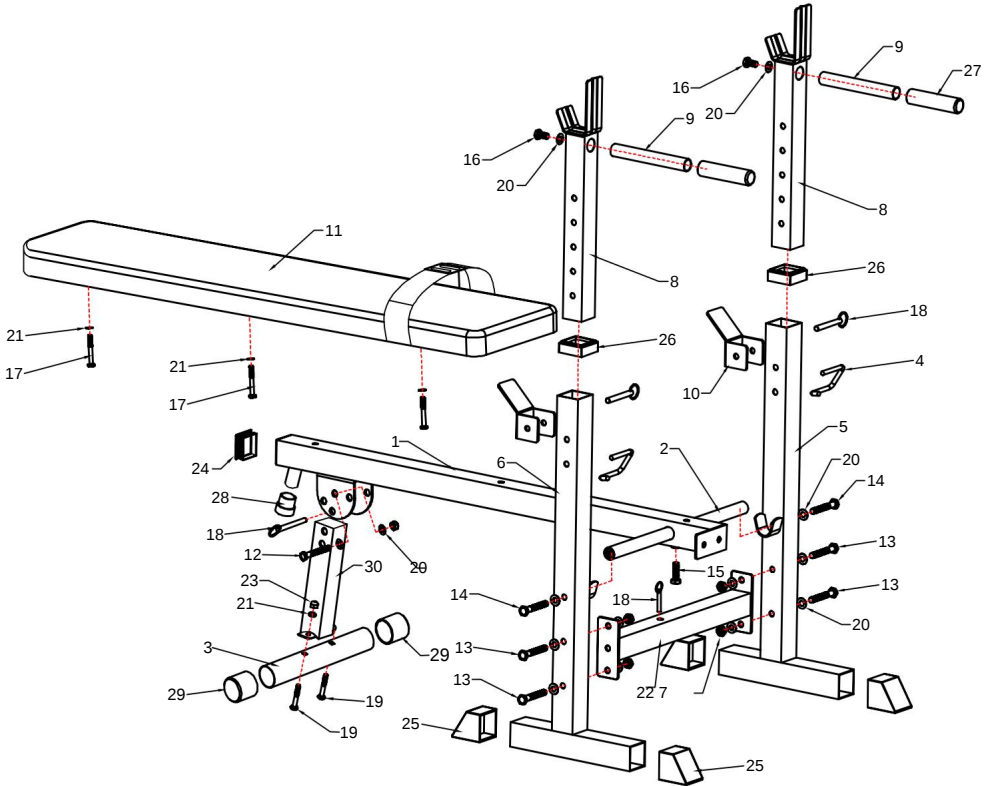
**tecnico e certificato di garanzia elettronica [www.vevor.com/](http://www.vevor.com/support)
support**

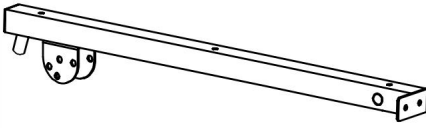
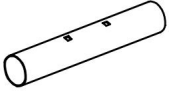
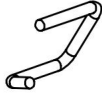
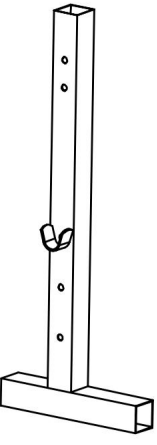
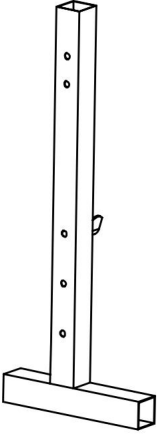
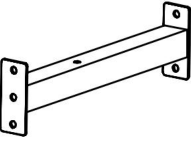
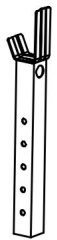
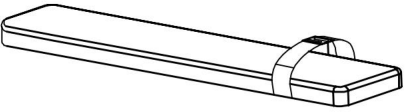
Questa è l'istruzione originale, si prega di leggere attentamente tutte le istruzioni del manuale prima di utilizzare. VEVOR si riserva una chiara interpretazione del nostro manuale utente. L'aspetto del prodotto sarà soggetto al prodotto ricevuto. Vi preghiamo di perdonarci se non vi informeremo di nuovo se ci sono aggiornamenti tecnologici o software sul nostro prodotto.

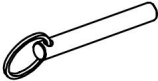
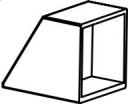


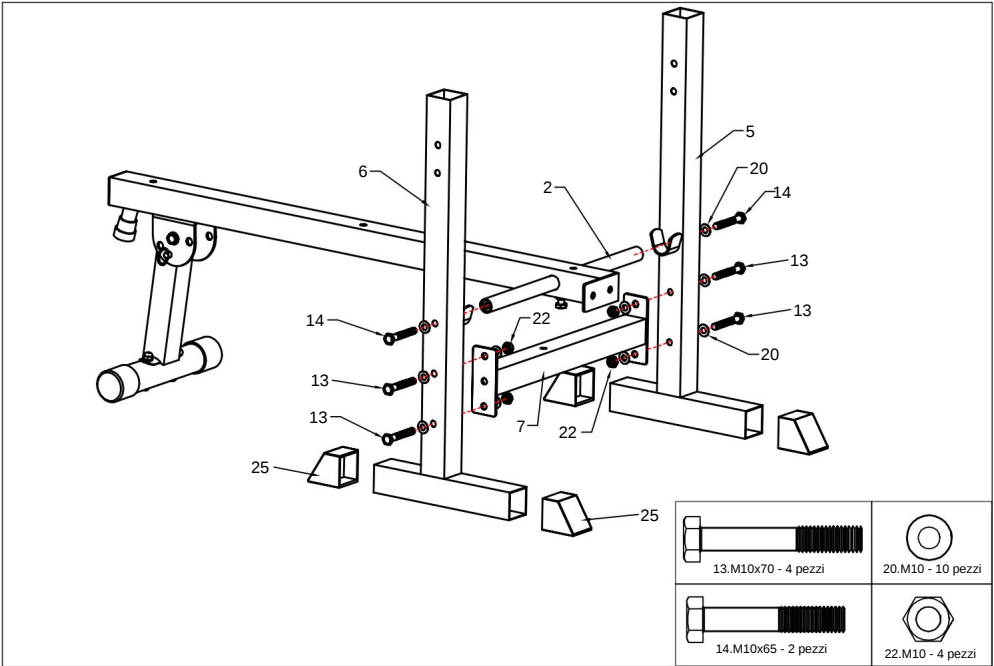
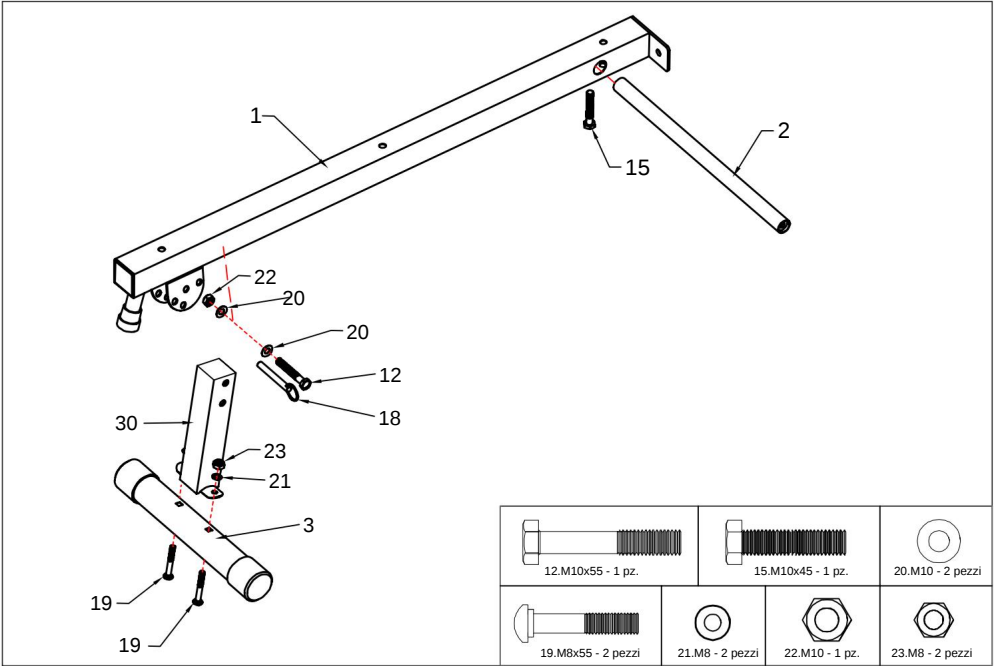


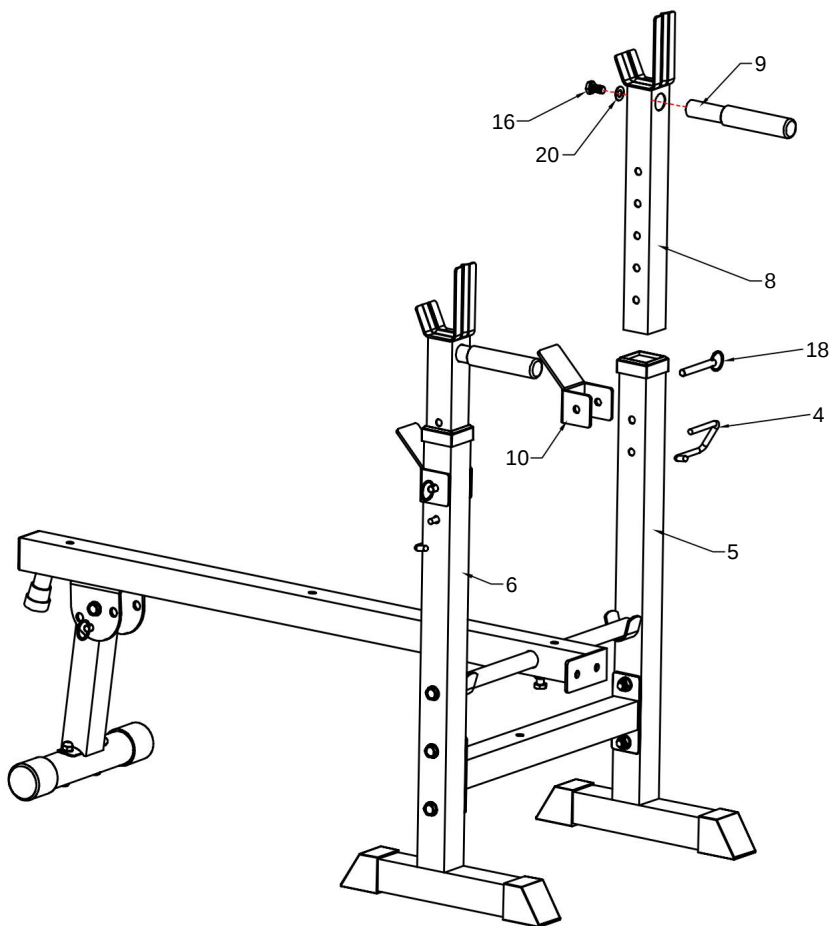
N. DESCRIZIONE		QTY	N. DESCRIZIONE	Quantità	
1.	Telaio principale	1	16. Bullone esagonale M10x20	2	
2.	Tubo trasversale	1	17. Bullone esagonale M8x65	3	
3.	Tubo di base anteriore	1	18. Pin rapido	4	
4.	Spilla di sicurezza	2	19. Bullone per carrozza M8x55	2	
5.	Telaio del supporto posteriore (sinistra)	1	20. Rondella M10	14	
6.	Telaio del supporto posteriore (destra)	1	21. Rondella M8	5	
7.	Collegare il tubo	1	22. Dado in nylon M10 23.	5	
8.	Tubo regolabile 9.	2	Dado M8 24. Tappo	2	
	Manubrio 10.	2	terminale y50 25. Copripiede	1	
	Piastra regolabile	2	y50 26.	4	
11.	Cuscino	1		Impugnatura per tappo	2
12.	Bullone esagonale M10x55	1	27. a metà vuoto •25	2	
13.	Bullone esagonale M10x70	4	28. Coperchio terminale	1	
14.	Bullone esagonale M10x65	2	29. •Copertura da 50 piedi	2	
15.	Bullone esagonale M10x45	1	30. Telaio del cavalletto anteriore	1	



1  1 pz.	2  1 pz.	3  1 pz.
4  2 pezzi	5  1 pz.	6  1 pz.
7  1 pz.	8  2 pezzi	
	9  2 pezzi	11  1 pz.
	10  2 pezzi	
12  M10x55 1 pz.	13  M10x70 4 pezzi	14  M10x65 2 pezzi
		15  M10x45 1 pz.

16  M10x20 2 pezzi	17  M8x65 3 pezzi	18  4 pezzi	19  M8x55 2 pezzi
20  M10 14 pezzi	21  M8 5 pezzi	22  M10 5 pezzi	23  M8 2 pezzi
24  1 pz.	25  4 pezzi	26  2 pezzi	27  2 pezzi
28  1 pz.	29  2 pezzi	30  1 pz.	

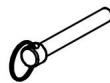




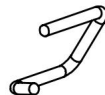
16.M10x20 - 2 pezzi



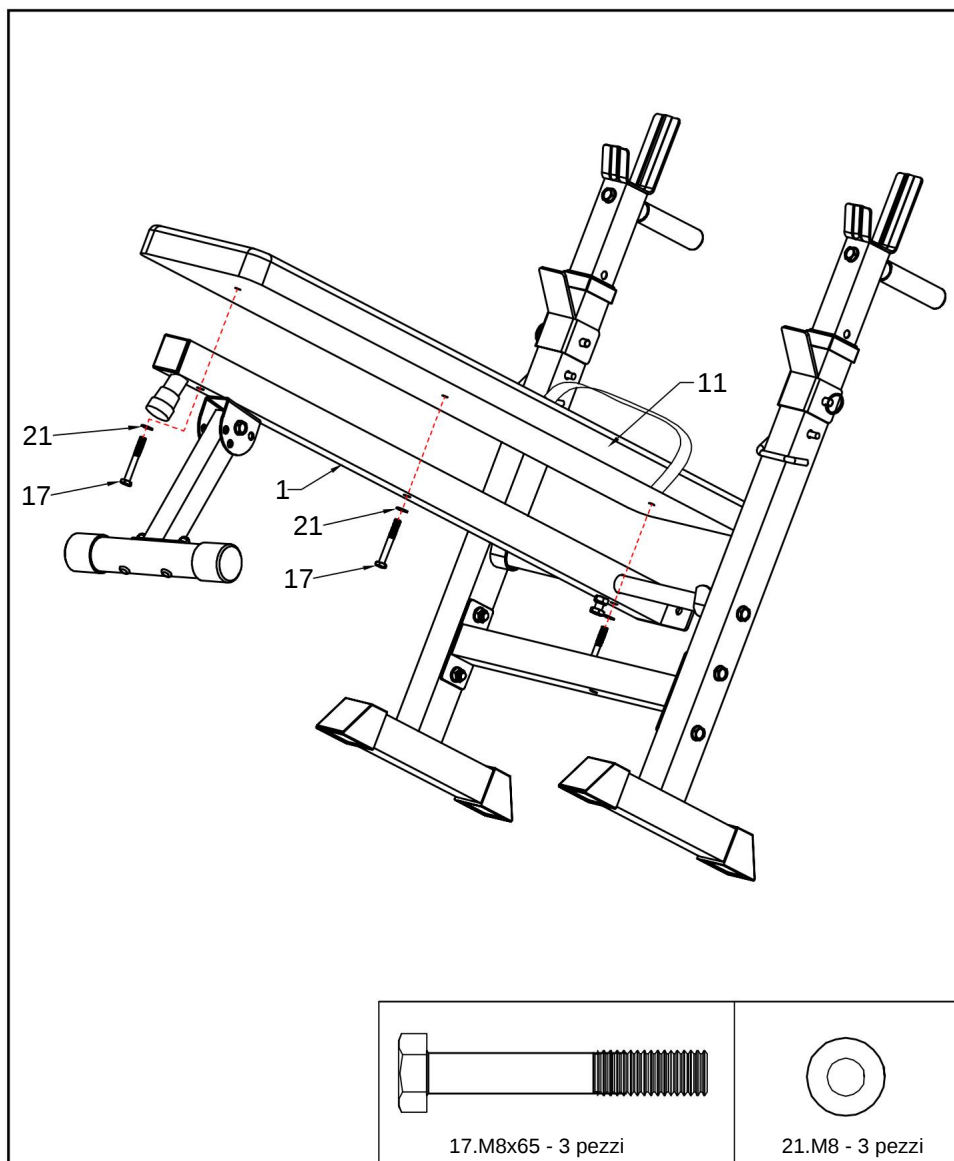
20.M10 - 2 pezzi

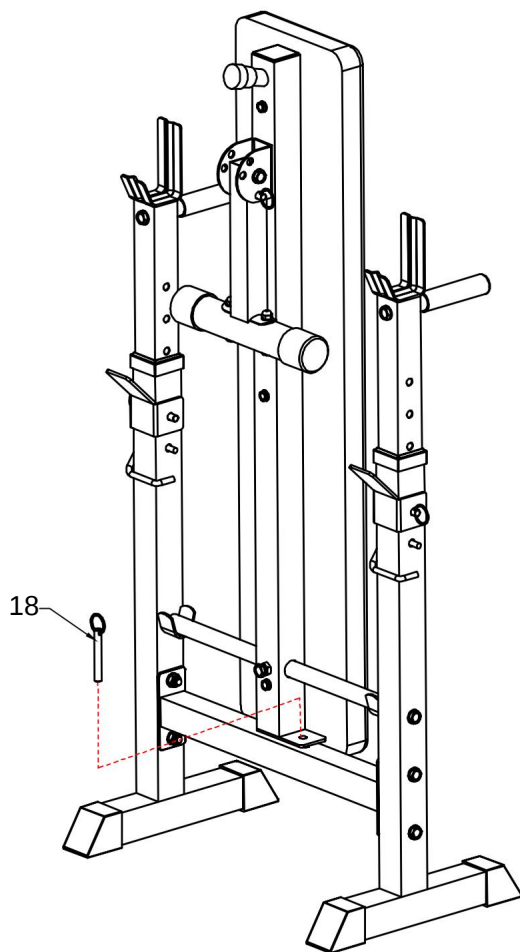


Ferno 2 pezzi

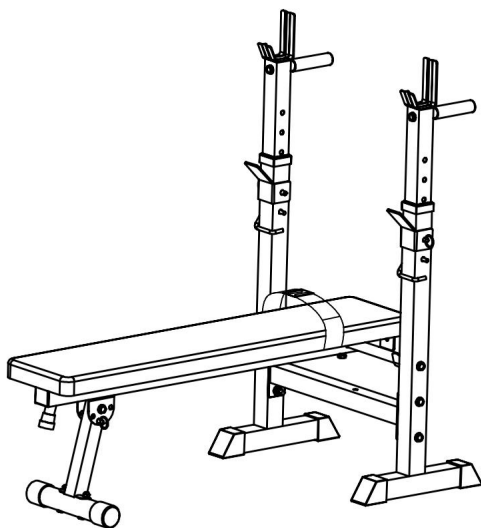
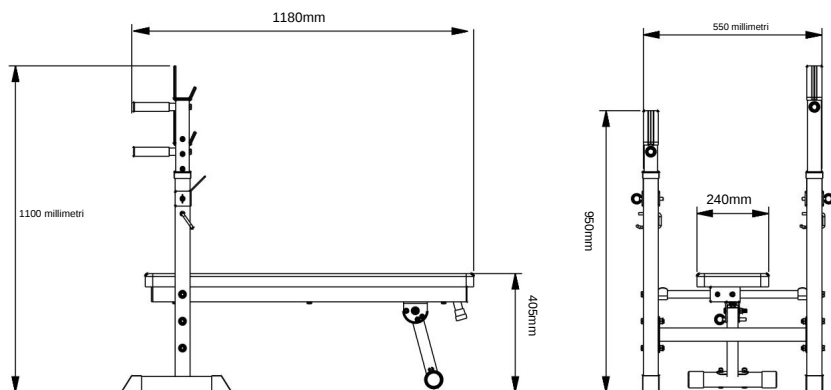


Spillo di sicurezza 2 pezzi





18. Perno 1 pz.



Capacità di peso massima: 400 LBS.

- 
-
1. Pulire la superficie con un panno di cotone umido.
 2. Controllare regolarmente ogni 3 mesi che le viti siano allentate e serrate.

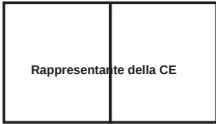
Produttore: Shanghaimuxinmuyeyouxiangongsi **Indirizzo:**
Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, shanghai 200000 CN.

Importato in AUS: SIHAO PTY LTD. 1 ROKEVA STREETEASTWOOD NSW 2122
Australia

Importato negli USA: Sanven Technology Ltd. Suite 250, 9166 Anaheim Place,
Rancho Cucamonga, CA 91730



YH CONSULTING LIMITED. C/O YH Consulting Limited
Ufficio 147, Centurion House, London Road, Staines-
upon-Thames, Surrey, TW18 4AX



E-CrossStu GmbH
Mainzer Landstr.69,
60329 Francoforte sul Meno.

VEVOR[®]

TOUGH TOOLS, HALF PRICE



Pago básico Cama de halterofilia

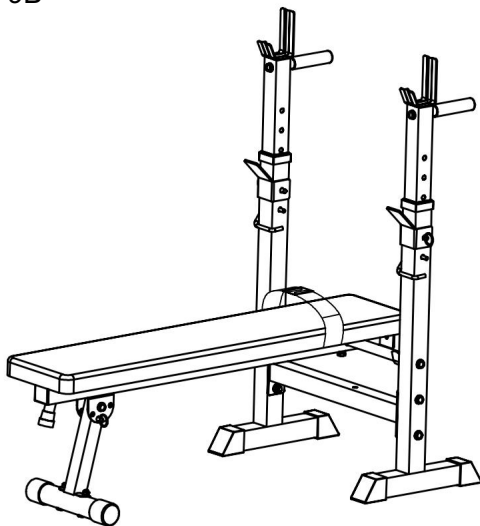
YFBH-9B

VEVOR[®]
TOUGH TOOLS, HALF PRICE

Pago básico

Cama de levantamiento de pesas

YFBH-9B



¿NECESITA AYUDA? ¡CONTÁCTENOS!

¿Tiene preguntas sobre el producto? ¿Necesita asistencia técnica? No dude en ponerse en contacto con

nosotros: Asistencia técnica y certificado de garantía electrónica

www.vevor.com/support

Estas son las instrucciones originales, lea atentamente todas las instrucciones del manual antes de utilizar el producto. VEVOR se reserva una interpretación clara de nuestro manual de usuario. La apariencia del producto estará sujeta al producto que recibió. Perdónenos por no informarle nuevamente si hay actualizaciones de tecnología o software en nuestro producto.





GRAND

.

.

.

.

.

.

.

.

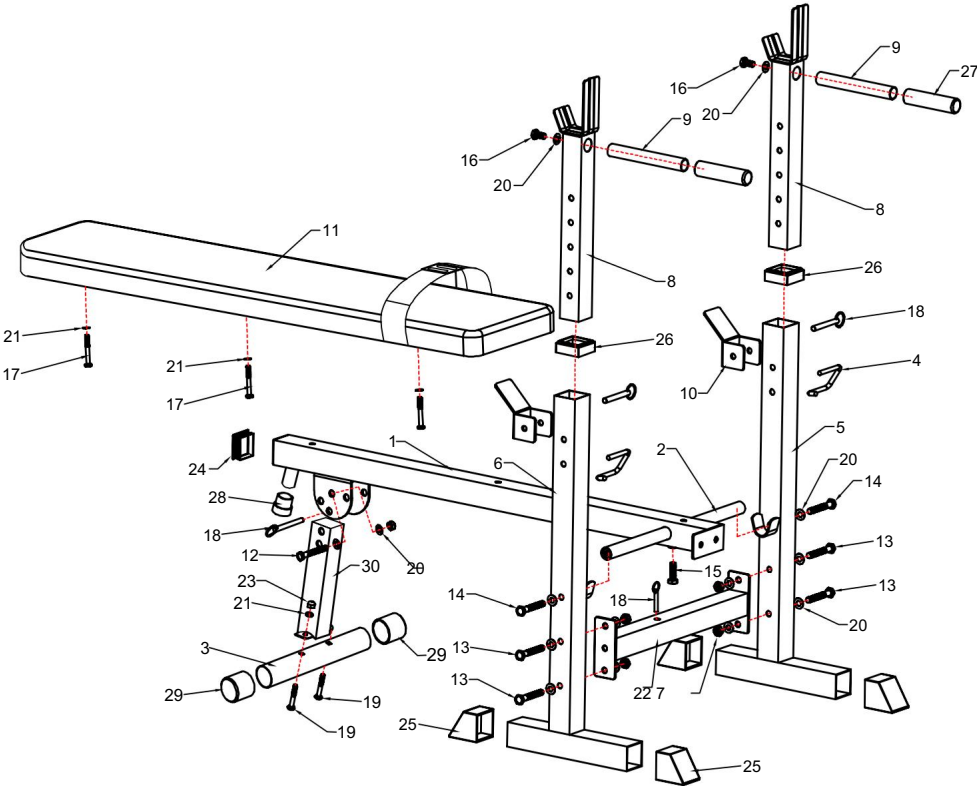
.

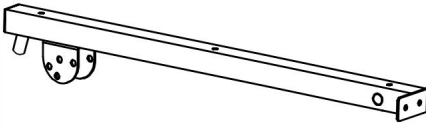
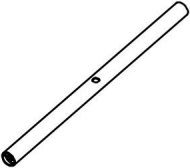
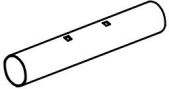
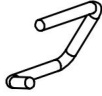
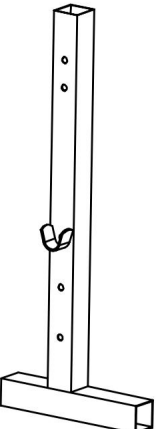
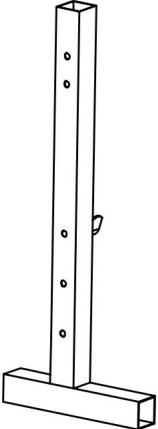
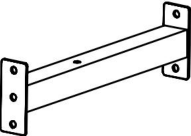
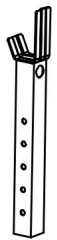
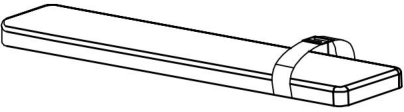
.

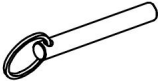
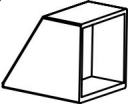
.

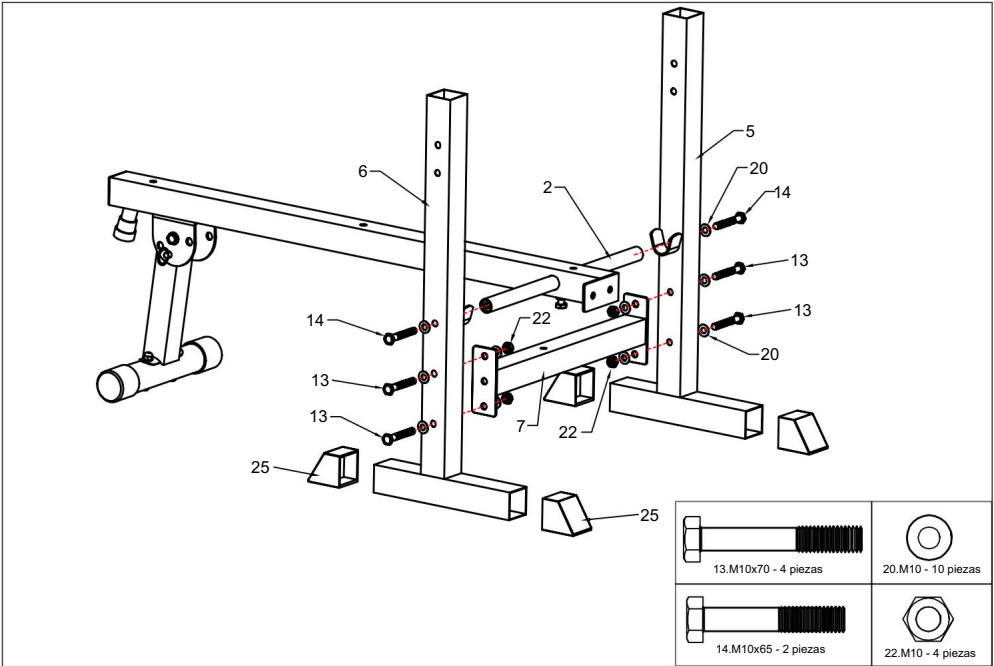
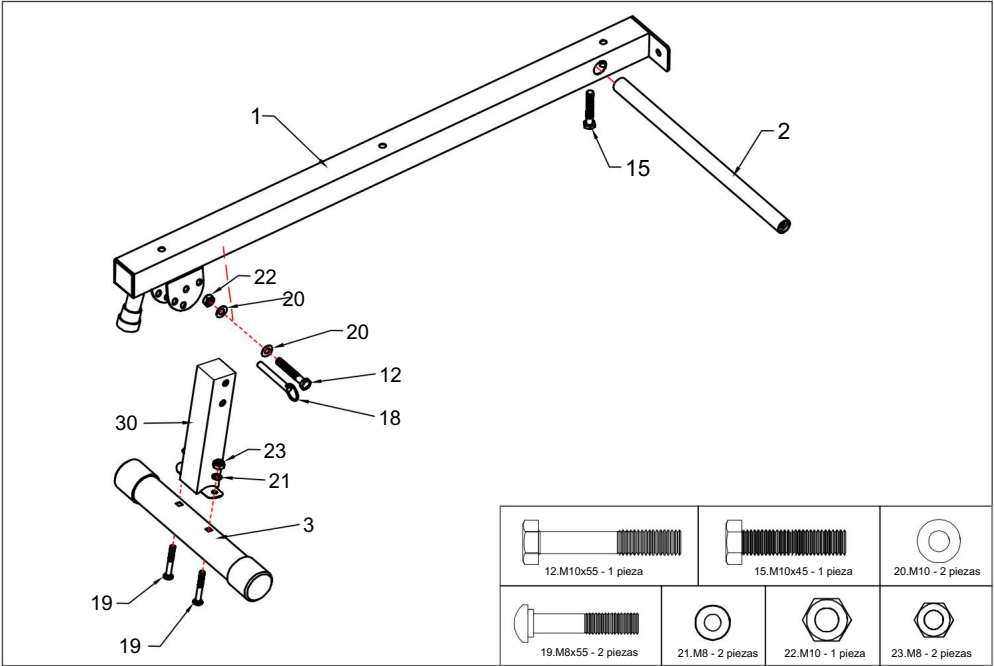
.

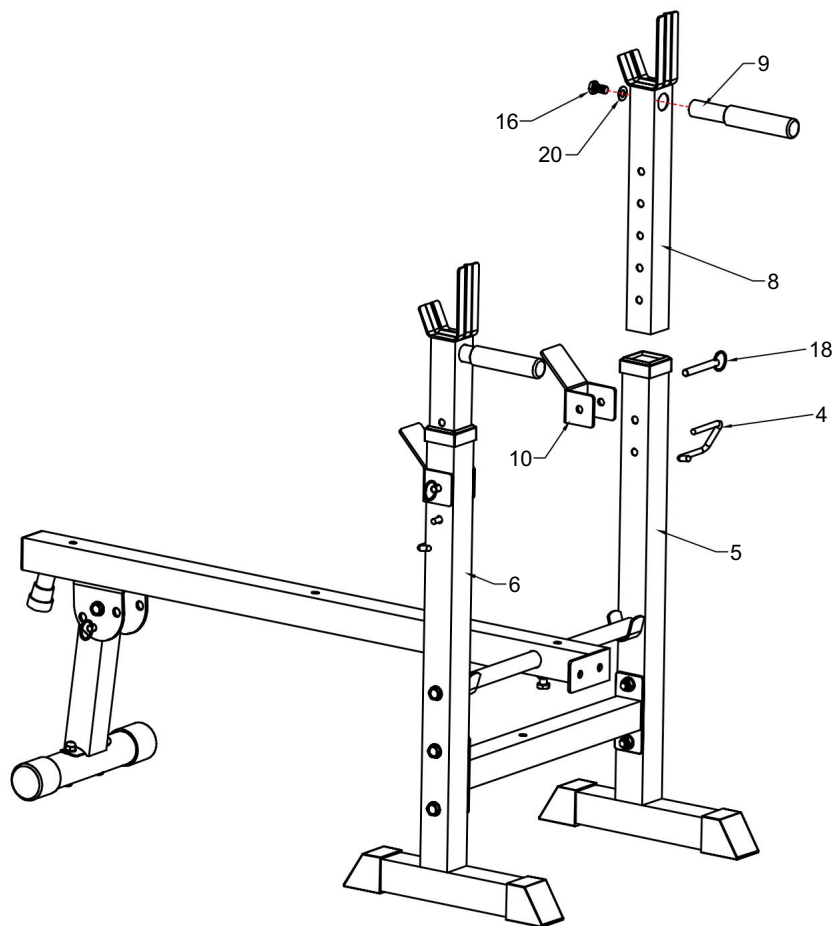
NO. DESCRIPCIÓN	CANTIDAD	NÚM. DESCRIPCIÓN	CANTIDAD
1. Marco principal	1	16. Perno hexagonal M10x20	2
2. Tubo transversal	1	17. Perno hexagonal M8x65	3
3. Tubo de base delantero	1	18. Pin rápido	4
4. Pasador de seguridad	2	19. Perno de carruaje M8x55	2
5. Marco de soporte trasero (izquierda)	1	20. Arandela M10	14
6. Marco de soporte trasero (derecha)	1	21. Arandela M8	5
7. Tubo de conexión	1	22. Tuerca de nailon M10 23.	5
8. Tubo ajustable 9.	2	Tuerca M8 24. Tapón	2
Manillar 10.	2	de extremo □50 25. Cubierta	1
Placa ajustable 11.	2	de pie □50 26.	4
Cojín 12.	1	Empuñadura del mango del	2
Perno hexagonal M10x55 13.	1	27. tapón de vaciado	2
Perno hexagonal M10x70	4	28. medio •25 Tapa del extremo	1
14. Perno hexagonal M10x65	2	29. •Cubierta para 50 pies	2
15. Perno hexagonal M10x45	1	30. Marco de soporte delantero	1



1  1 pieza	2  1 pieza	3  1 pieza
4  2 piezas	5  1 pieza	6  1 pieza
7  1 pieza		
8  2 piezas	9  2 piezas	11  1 pieza
	10  2 piezas	
12  M10x55 1 pieza	13  M10x70 4 piezas	14  M10x65 2 piezas
		15  M10x45 1 pieza

16  M10x20 2 piezas	17  M8x65 3 piezas	18  4 piezas	19  M8x55 2 piezas
20  M10 14 piezas	21  M8 5 piezas	22  M10 5 piezas	23  M8 2 piezas
24  1 pieza	25  4 piezas	26  2 piezas	27  2 piezas
28  1 pieza	29  2 piezas	30  1 pieza	

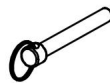




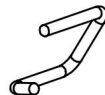
16.M10x20 - 2 piezas 20. M10 - 2 piezas



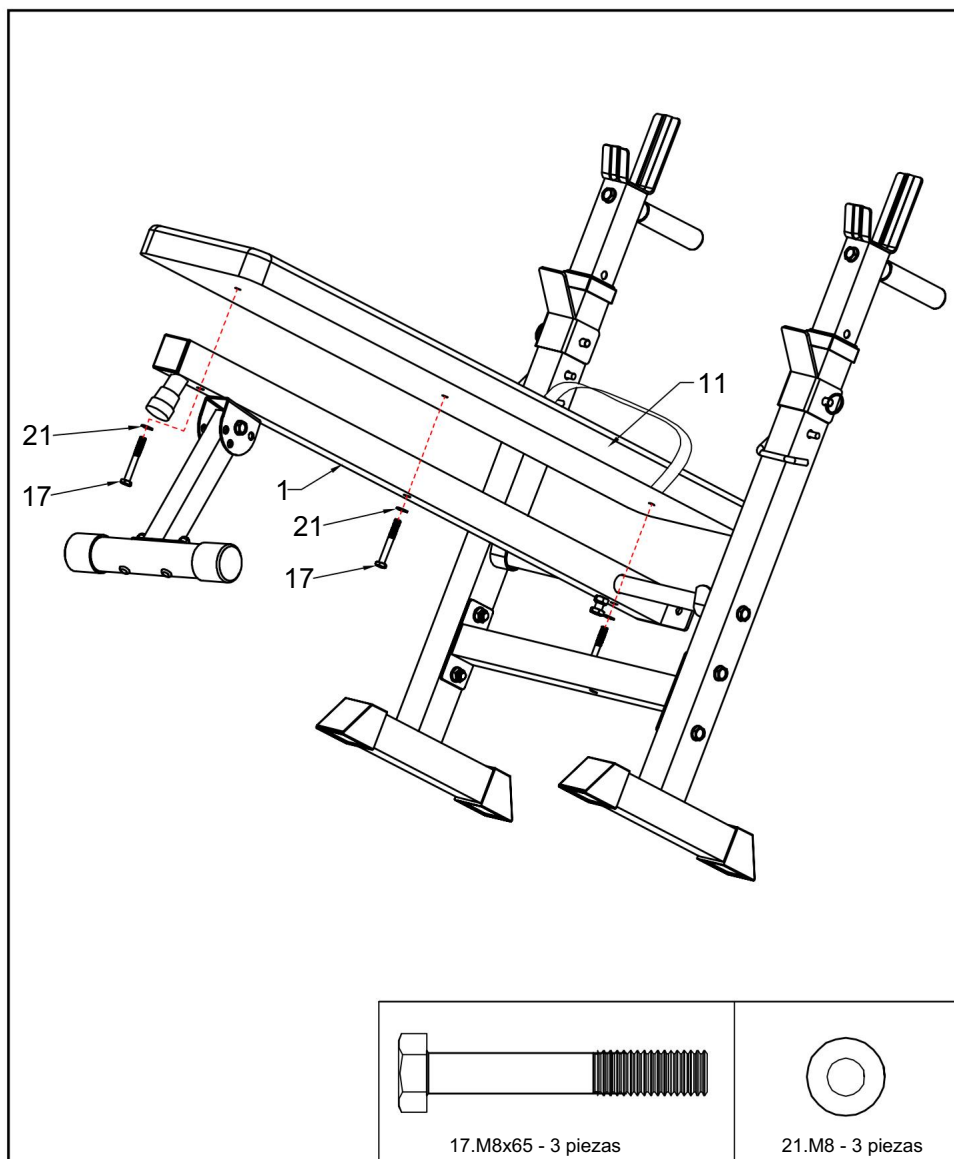
20. M10 - 2 piezas

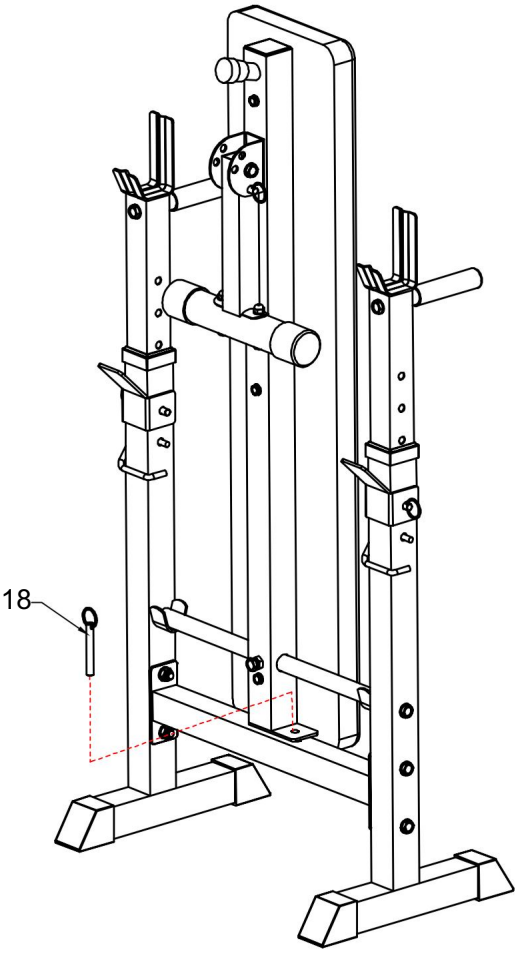


18. Pasador 2 piezas

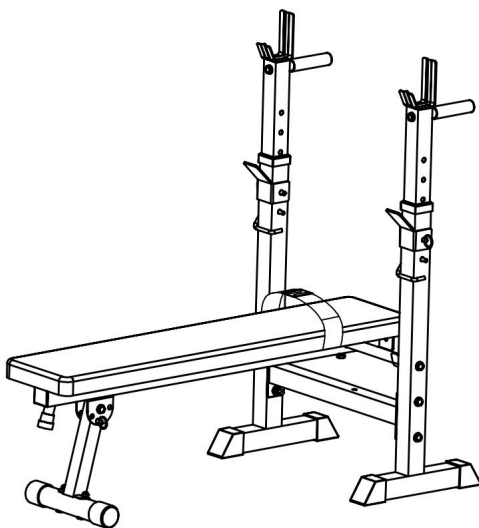
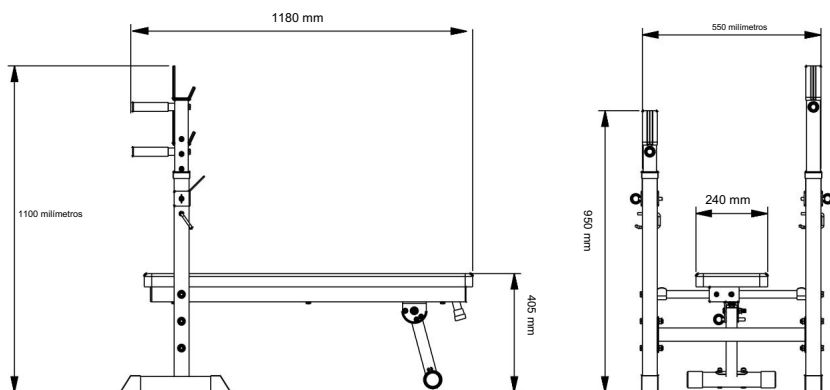


4. Pasador de seguridad 2 piezas





18. Pasador 1 pieza



Capacidad máxima de peso: 400 libras.

- 
-
1. Limpie la superficie con un paño de algodón húmedo.
 2. Revise regularmente los tornillos cada 3 meses para ver si están flojos y apriete bien.

Fabricante: Shanghaimuxinmuyeyouxiangongsi Dirección:
Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, shanghai 200000 CN.

Importado a AUS: SIHAO PTY LTD. 1 ROKEVA STREETEASTWOOD NSW 2122
Australia

Importado a EE. UU.: Sanven Technology Ltd. Suite 250, 9166 Anaheim Place, Rancho
Cucamonga, CA 91730



YH CONSULTING LIMITED. A LA DIRECCIÓN DE YH
Consulting Limited Oficina 147, Centurion House, London
Road, Staines-upon-Thames, Surrey, TW18 4AX



E-CrossStu GmbH
Mainzer Landstr.69,
60329 Fráncfort del Meno.

VEVOR[®]

TOUGH TOOLS, HALF PRICE



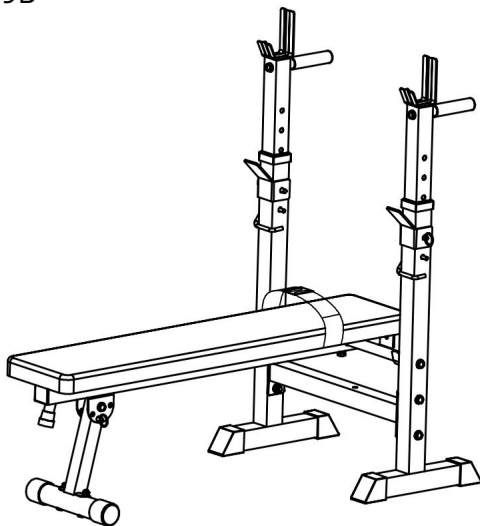
Opłata podstawowa Łóżko do podnoszenia ciężarów

YFBH-9B

VEVOR®
TOUGH TOOLS, HALF PRICE

Płatność podstawowa
Łóżko do podnoszenia ciężarów

YFBH-9B



POTRZEBUJESZ POMOCY? SKONTAKTUJ SIĘ Z NAMI!

Masz pytania dotyczące produktu? Potrzebujesz wsparcia technicznego? Skontaktuj się z nami: Wsparcie

techniczne i certyfikat E-Gwarancji www.vevor.com/support

To jest oryginalna instrukcja, przed użyciem należy uważnie przeczytać wszystkie instrukcje. VEVOR zastrzega sobie jasną interpretację naszej instrukcji obsługi. Wygląd produktu będzie zależał od produktu, który otrzymałeś. Prosimy o wybaczenie, że nie poinformujemy Cię ponownie, jeśli w naszym produkcie pojawiają się jakiegokolwiek aktualizacje technologiczne lub oprogramowania.





•

•

•

•

•

•

•

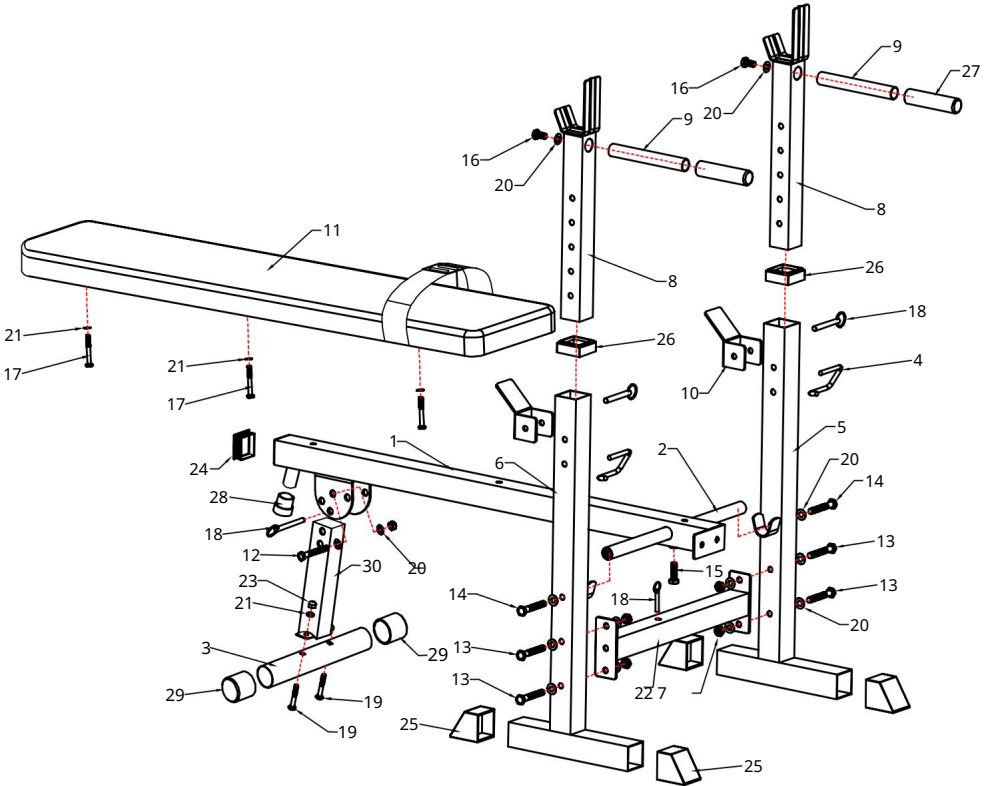
•

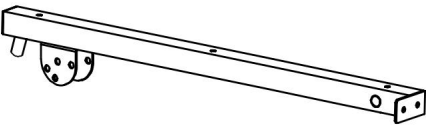
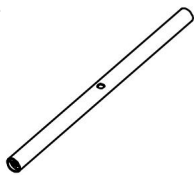
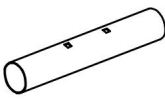
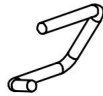
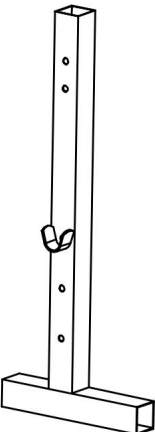
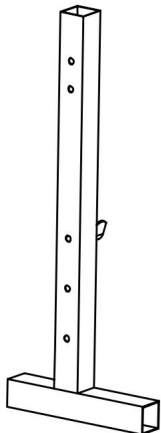
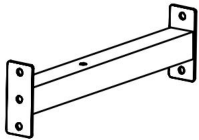
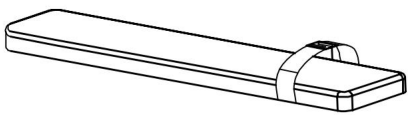
•

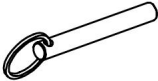
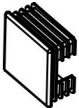
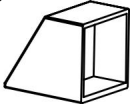
•

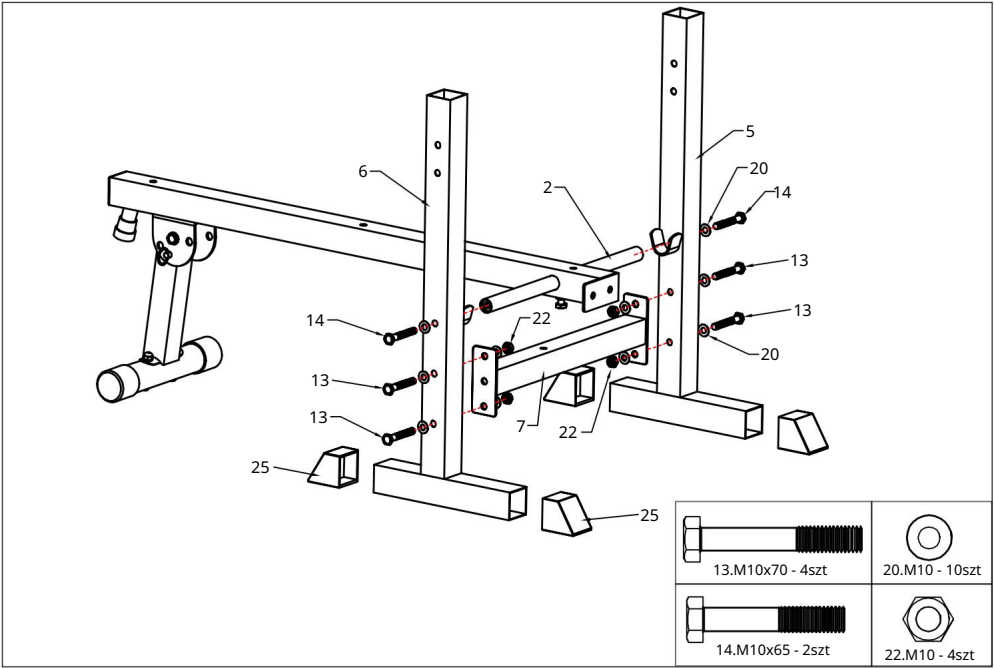
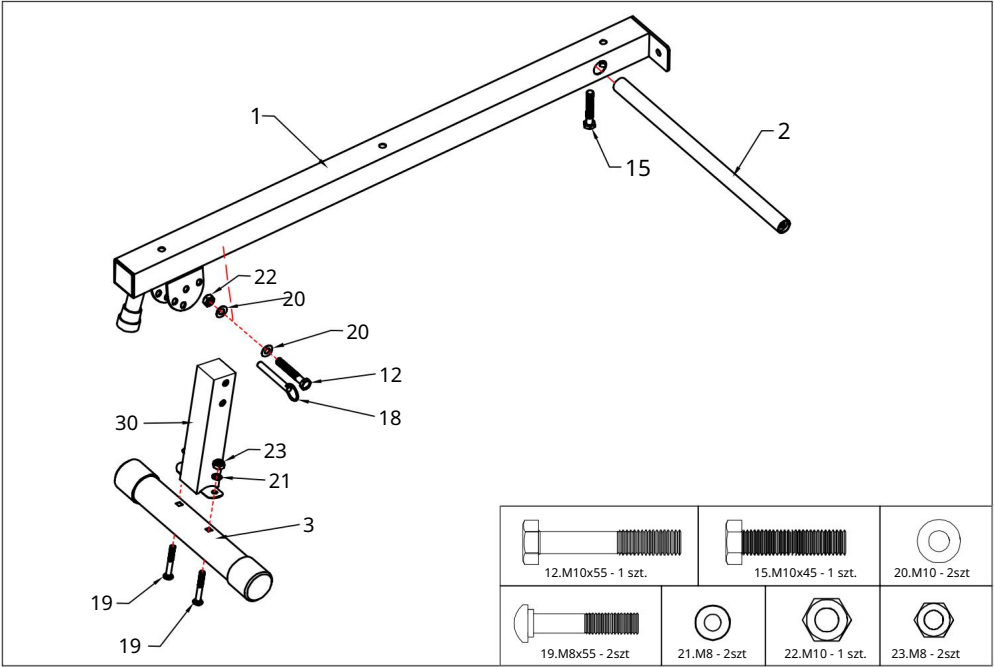
•

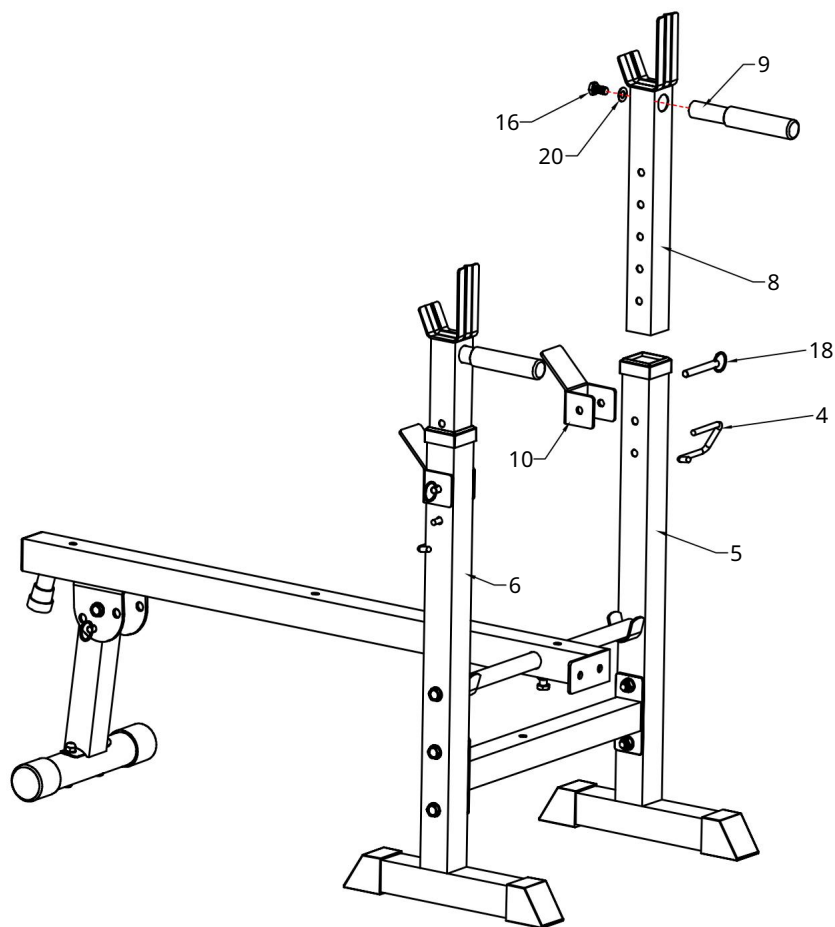
NR.	OPIS	ILOŚĆ	NR.	OPIS	ILOŚĆ
1.	Rama główna	1	16.	Śruba sześciokątna M10x20	2
2.	Rura poprzeczna	1	17.	Śruba sześciokątna M8x65	3
3.	Rura podstawy przedniej	1	18.	Szybkie przypięcie	4
4.	Szpilka bezpieczeństwa	2	19.	Śruba transportowa M8x55	2
5.	Rama tylnego stojaka (lewa)	1	20.	Podkładka M10	14
6.	Rama do stania z tyłu (prawa)	1	21.	Podkładka M8	5
7.	Podłącz rurkę	1	22.	Nakrętka nylonowa M10	5
8.	Rura regulowana 9.	2	23.	Nakrętka M8 24.	2
	Uchwyt 10.	2		50 Zaślepka końcowa 25.	1
	Płytkę regulowaną	2		50 Ośłona stopki 26.	4
11.	Poduszka	1		Uchwyt korka w	2
12.	Śruba sześciokątna M10x55 13.	1	27.	połowie pustego	2
	Śruba sześciokątna M10x70	4	28.	+25 Pokrywa końcowa	1
14.	Śruba sześciokątna M10x65	2	29.	+50 stóp pokrycia	2
15.	Śruba sześciokątna M10x45	1	30.	Rama stojaka przedniego	1



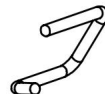
1  1 szt.	2  1 szt.	3  1 szt.	
4  2 szt.	5  1 szt.	6  1 szt.	
7  1 szt.			
8  2 szt.	9  2 szt.	11  1 szt.	
	10  2 szt.		
12  M10x55 1 szt.	13  M10x70 4 szt.	14  M10x65 2 szt.	15  M10x45 1 szt.

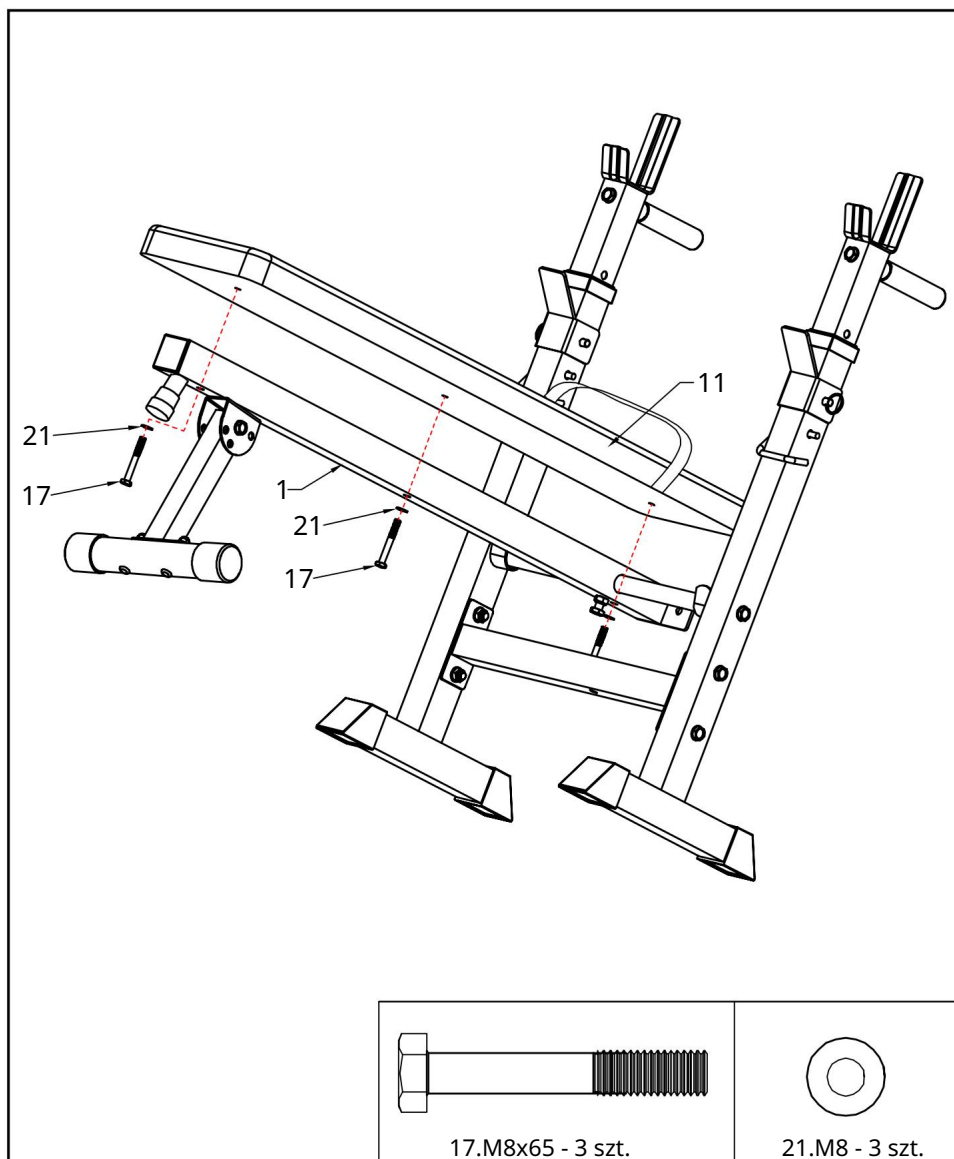
16  M10x20 2szt	17  M8x65 3szt	18  4 szt.	19  M8x55 2szt
20  M10 14 szt.	21  M8 5 szt.	22  M10 5 szt.	23  M8 2 szt.
24  1 szt.	25  4 szt.	26  2 szt.	27  2 szt.
28  1 szt.	29  2 szt.	30  1 szt.	

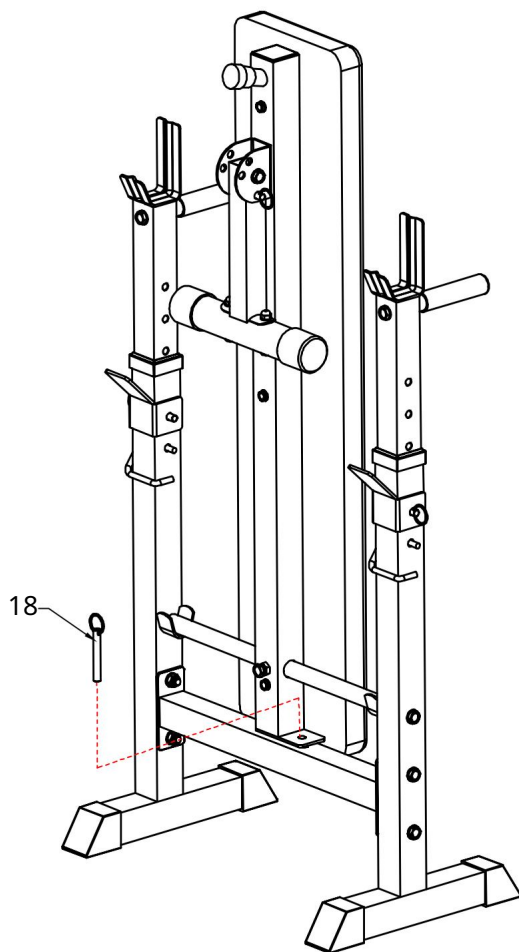




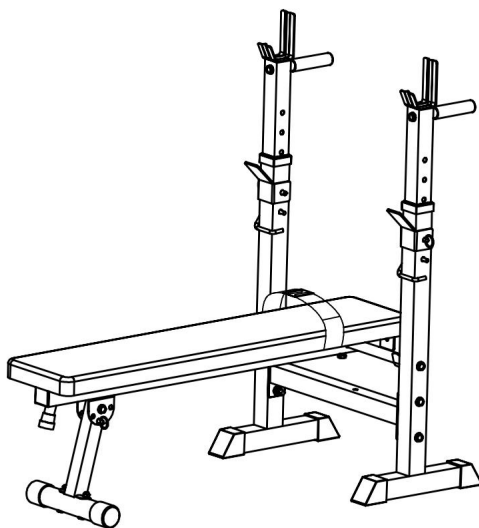
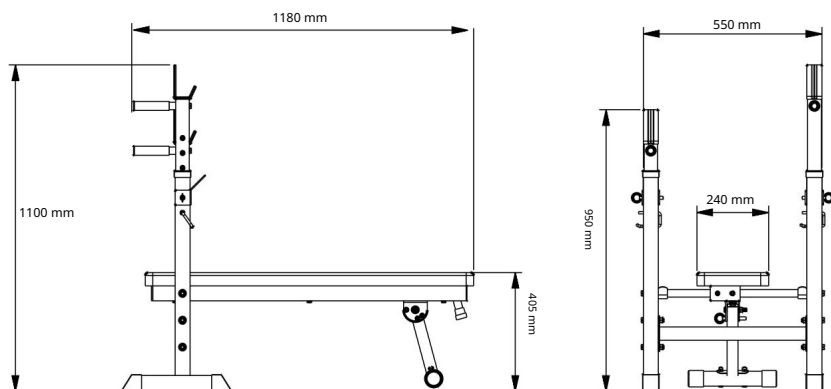
16.M10x20 - 2szt. 20. M10 - 2szt. 18. Szpilka 2szt. 4. Szpilka zabezpieczająca 2szt.







18. Szpilka 1 szt.



Maksymalna nośność: 400 funtów.

- 
-
1. Przetrzyj powierzchnię wilgotną bawełnianą ściereczką.
 2. Regularnie co 3 miesiące sprawdzaj, czy śruby nie są poluzowane i dokręć je.

Producent: Shanghaimuxinmuyeyouxiangongsi Adres:
Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, szanghaj 200000 CN.

Importowane do AUS: SIHAO PTY LTD. 1 ROKEVA STREETEASTWOOD NSW 2122 Australia

Importowane do USA: Sanven Technology Ltd. Suite 250, 9166 Anaheim Place, Rancho Cucamonga, CA 91730



YH CONSULTING LIMITED. C/O YH Consulting Limited Biuro
147, Centurion House, London Road, Staines-upon-
Thames, Surrey, TW18 4AX



E-CrossStu GmbH
Mainzer Landstr.69,
60329 Frankfurt nad Menem.

VEVOR[®]

TOUGH TOOLS, HALF PRICE



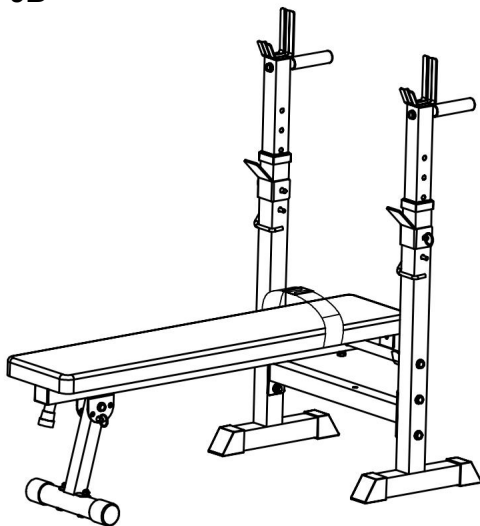
Basisbetaling Gewichthefbed

YFBH-9B

VEVOR[®]
TOUGH TOOLS, HALF PRICE

**Basisbetaling
Gewichtheftbed**

YFBH-9B



HULP NODIG? NEEM CONTACT MET ONS OP!

Heeft u vragen over het product? Heeft u technische ondersteuning nodig? Neem dan gerust contact met

ons op: **Technische ondersteuning en E-garantiecertificaat**
www.vevor.com/support

Dit is de originele instructie, lees alle handleidingen zorgvuldig door voordat u het product gebruikt. VEVOR behoudt zich een duidelijke interpretatie van onze gebruikershandleiding voor. Het uiterlijk van het product is afhankelijk van het product dat u hebt ontvangen. Vergeef ons dat we u niet opnieuw zullen informeren als er technologie- of software-updates voor ons product zijn.





G

.

.

.

.

.

.

.

.

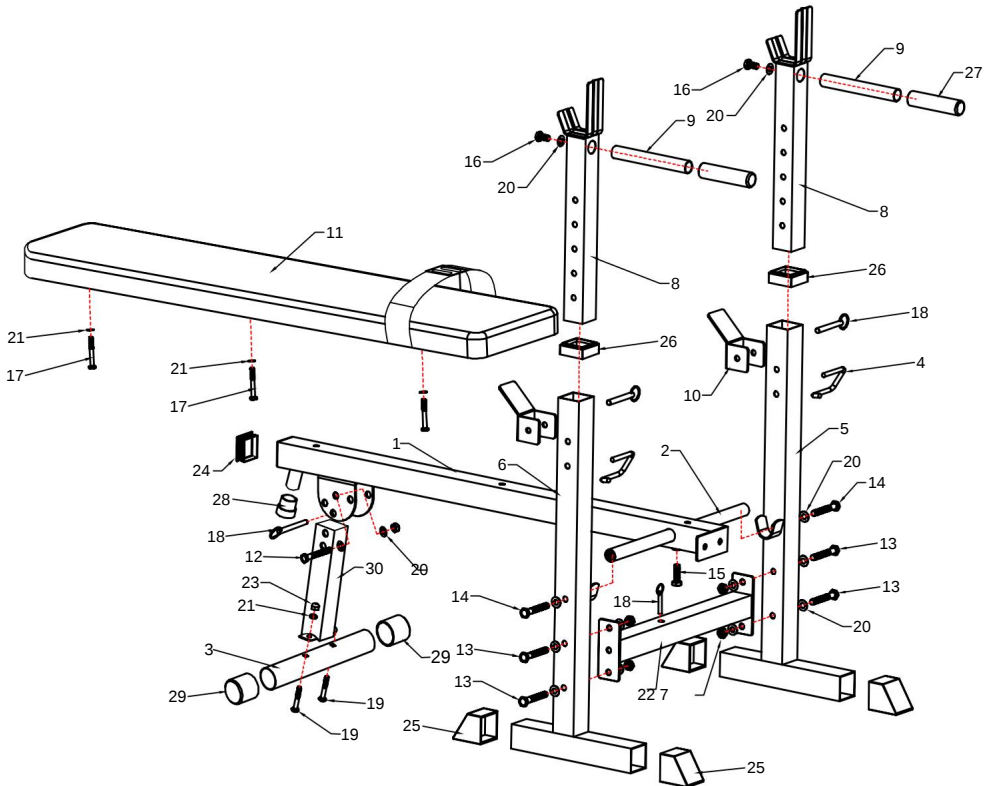
.

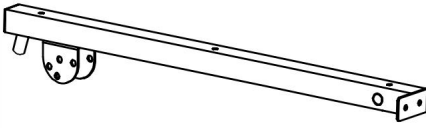
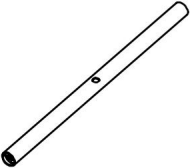
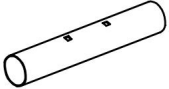
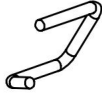
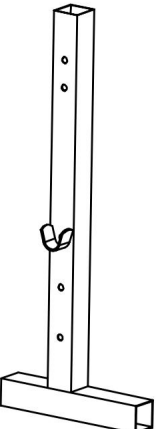
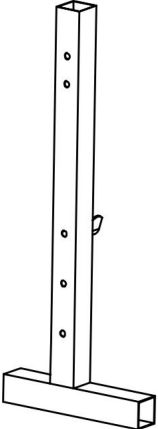
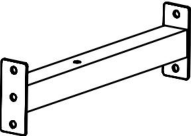
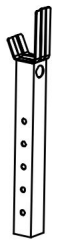
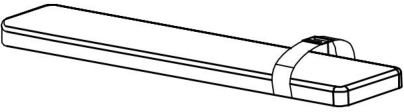
.

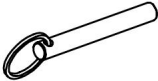
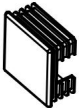
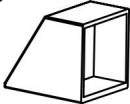
.

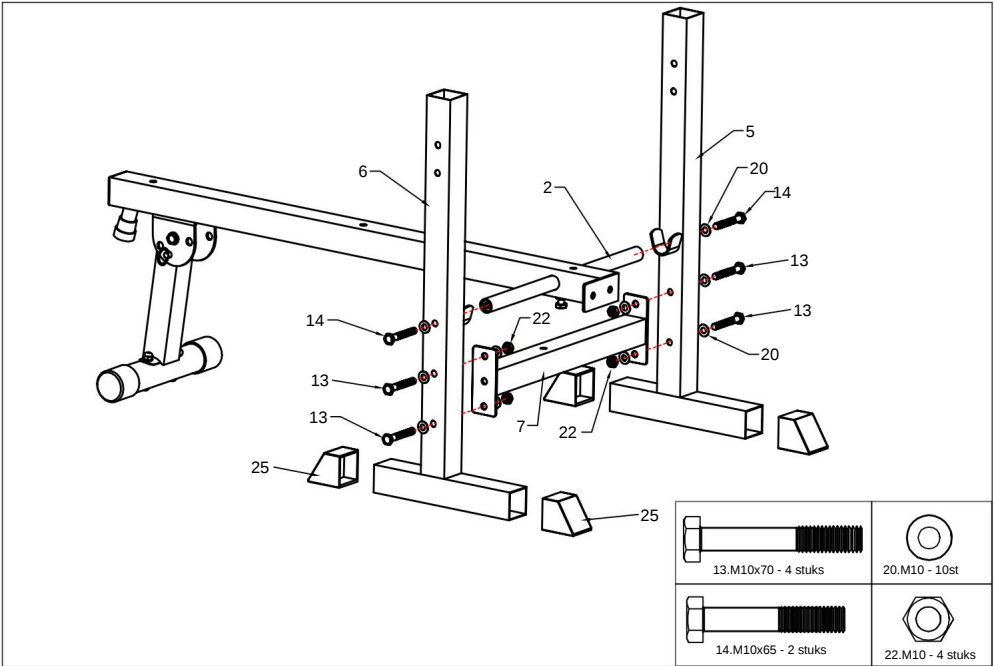
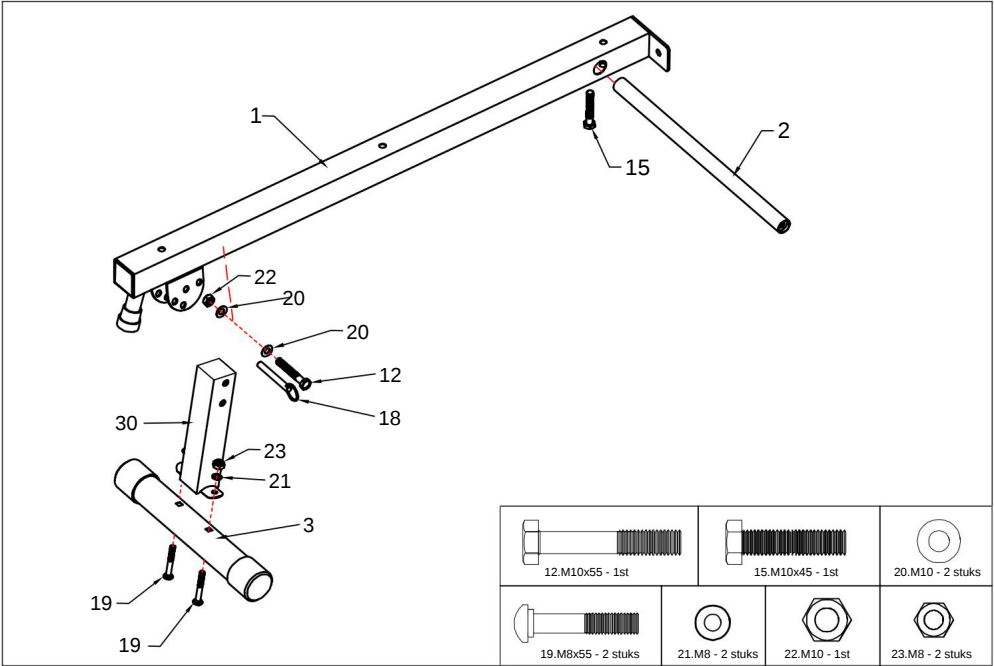
.

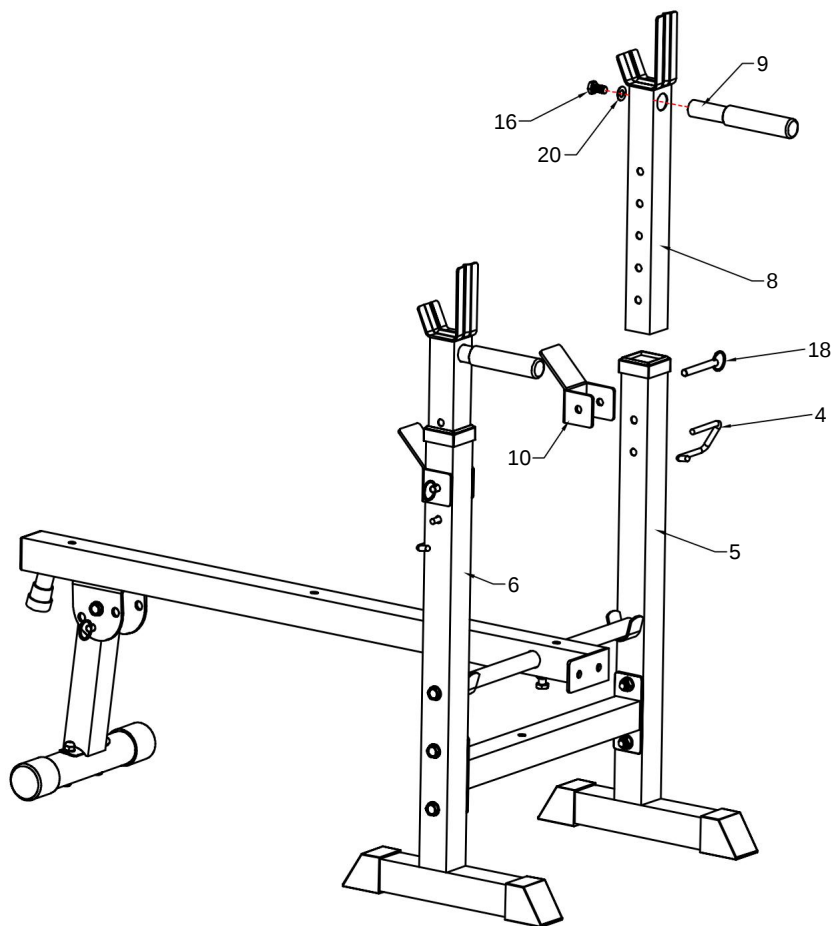
NR. BESCHRIJVING		AANTAL	NR. OMSCHRIJVING		Hoofveelheid
1.	Hoofdframe	1	16.	M10x20 zeskantbout	2
2.	Kruisbuis	1	17.	M8x65 Zeskantbout	3
3.	Voorste basisbuis	1	18.	Snelle pin	4
4.	Veiligheidsspeld	2	19.	M8x55 wagenbout	2
5.	Achterstandaardframe (links)	1	20.	M10-ring	14
6.	Achterstandaardframe (rechts)	1	21.	M8-ring	5
7.	Buis aansluiten	1	22.	M10 Nylon moer 23. M8	5
8.	Verstelbare buis 9.	2	moer 24. y50		2
	Stuur 10.	2	Eindplug 25. y50		1
	Verstelbare plaat	2	Voetafdekking 26.		4
11.	Kussen	1		Mid-leeg Plug	2
12.	M10x55 Zeskantbout	1	27.	Handvat Grip	2
	M10x70 Zeskantbout	4	28.	•25 Eindkap	1
14.	M10x65 Zeskantbout	2	29.	•50 voet dekking	2
15.	M10x45 Zeskantbout	1	30.	Voorste standaardframe	1



1  1 stuk	2  1 stuk	3  1 stuk
4  2 stuks	5  1 stuk	6  1 stuk
7  1 stuk		
8  2 stuks	9  2 stuks	11  1 stuk
	10  2 stuks	
12  M10x55 1 stuk	13  M10x70 4 stuks	14  M10x65 2 stuks
		15  M10x45 1 stuk

16  M10x20 2 stuks	17  M8x65 3st	18  4 stuks	19  M8x55 2 stuks
20  M10 14st	21  M8 5st	22  M10 5st	23  M8 2 stuks
24  1 stuk	25  4 stuks	26  2 stuks	27  2 stuks
28  1 stuk	29  2 stuks	30  1 stuk	

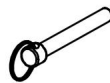




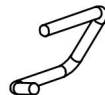
16.M10x20 - 2st



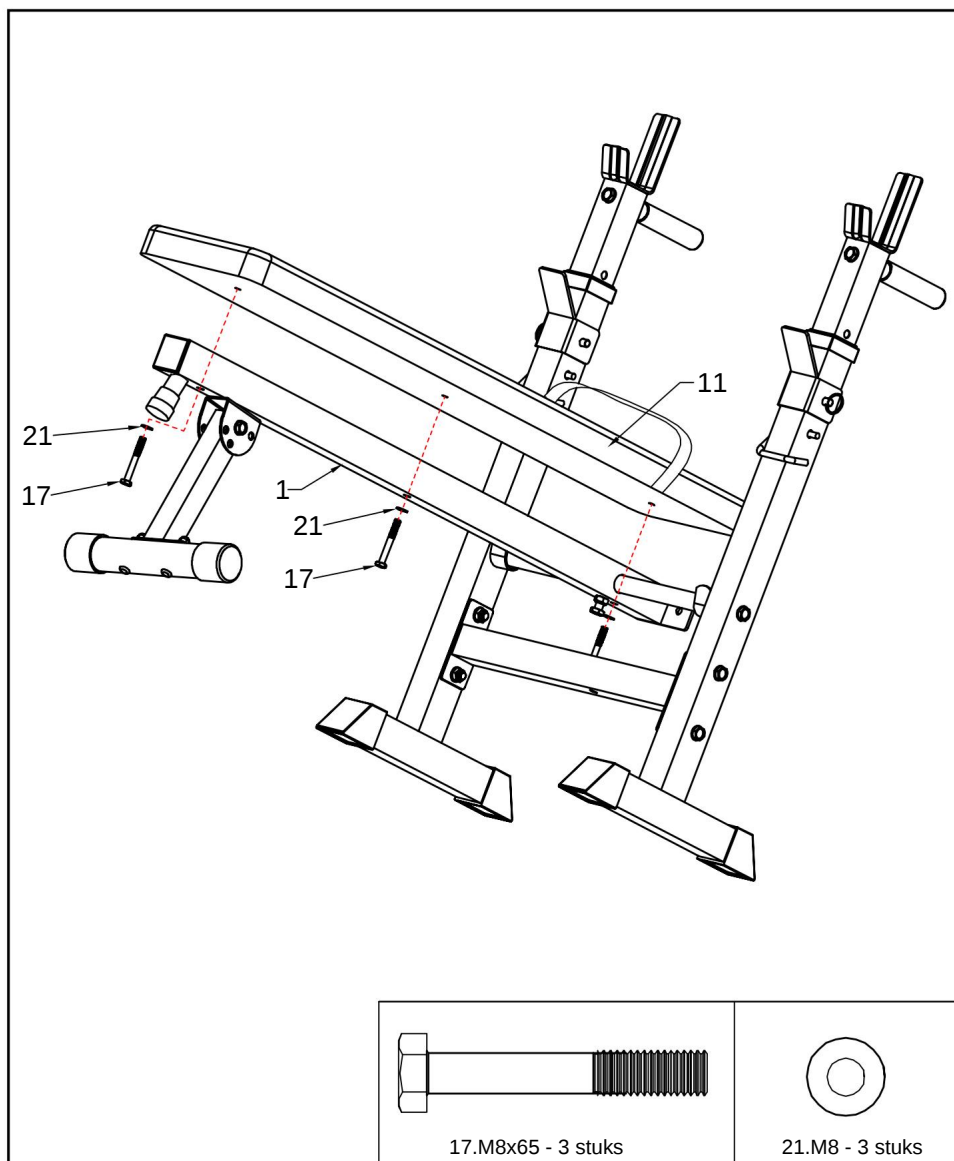
20.M10 - 2st

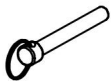
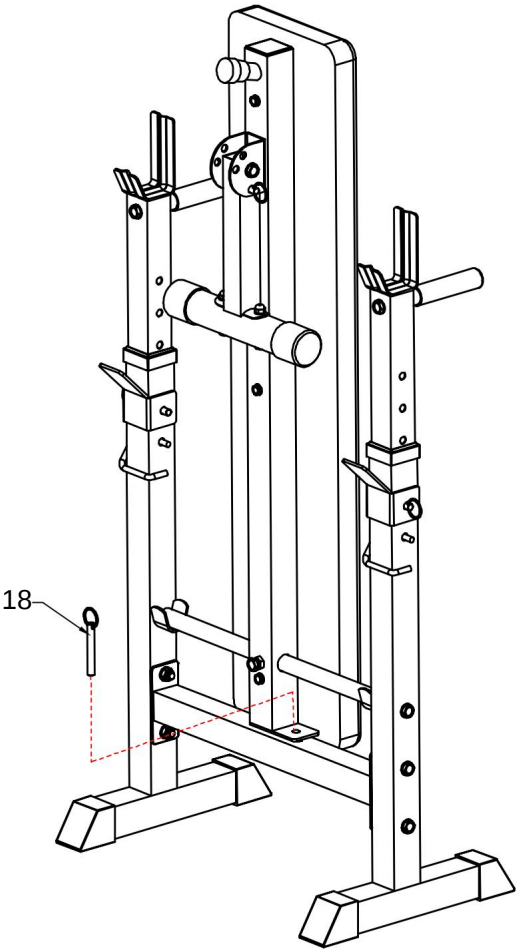


18. Pin 2st

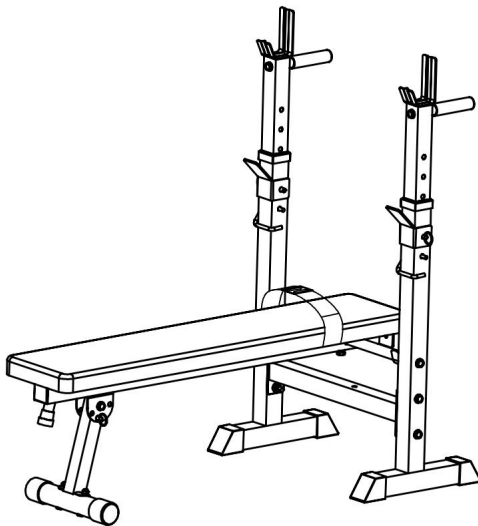
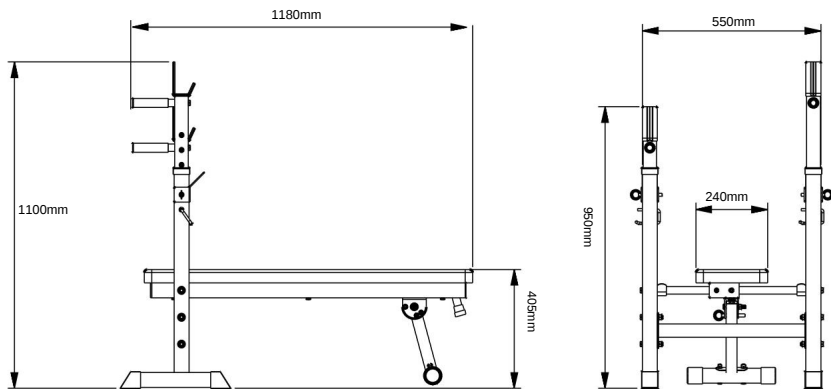


4. Veiligheidssped 2st





18. Pin 1st



Maximaal draagvermogen: 400 LBS.

- 
-
1. Veeg het oppervlak af met een natte katoenen doek.
 2. Controleer de schroeven regelmatig, elke 3 maanden, op losdraaien en vastdraaien.

Fabrikant: Shanghaimuxinmuyeyouxiangongsi **Adres:**

Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, shanghai 200000 CN.

Geïmporteerd naar AUS: SIHAO PTY LTD. 1 ROKEVA STREETEASTWOOD NSW
2122 Australië

Geïmporteerd naar de VS: Sanven Technology Ltd. Suite 250, 9166 Anaheim Place,
Rancho Cucamonga, CA 91730



YH CONSULTING LIMITED. C/O YH Consulting Limited
Kantoor 147, Centurion House, London Road, Staines-
upon-Thames, Surrey, TW18 4AX



E-CrossStu GmbH
Mainzer Landstr.69,
60329 Frankfurt am Main.

VEVOR[®]

TOUGH TOOLS, HALF PRICE

VEVOR[®]

TOUGH TOOLS, HALF PRICE

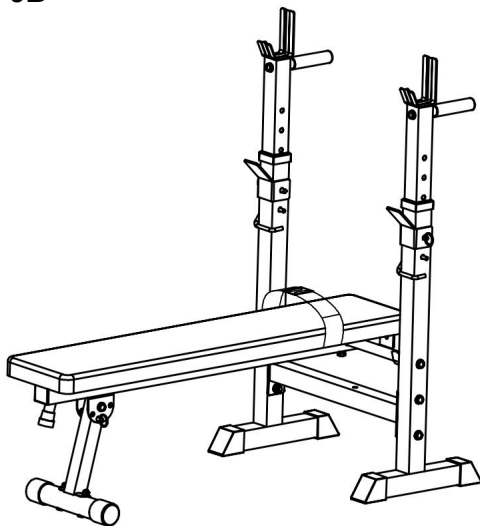
Grundbetalning Tyngdlyftssäng

YFBH-9B

VEVOR®
TOUGH TOOLS, HALF PRICE

Grundbetalning
Tyngdlyftande säng

YFBH-9B



BEHÖVER HJÄLP? KONTAKTA OSS!

Har du produktfrågor? Behöver du teknisk support? Kontakta oss gärna: **Teknisk support och e-**

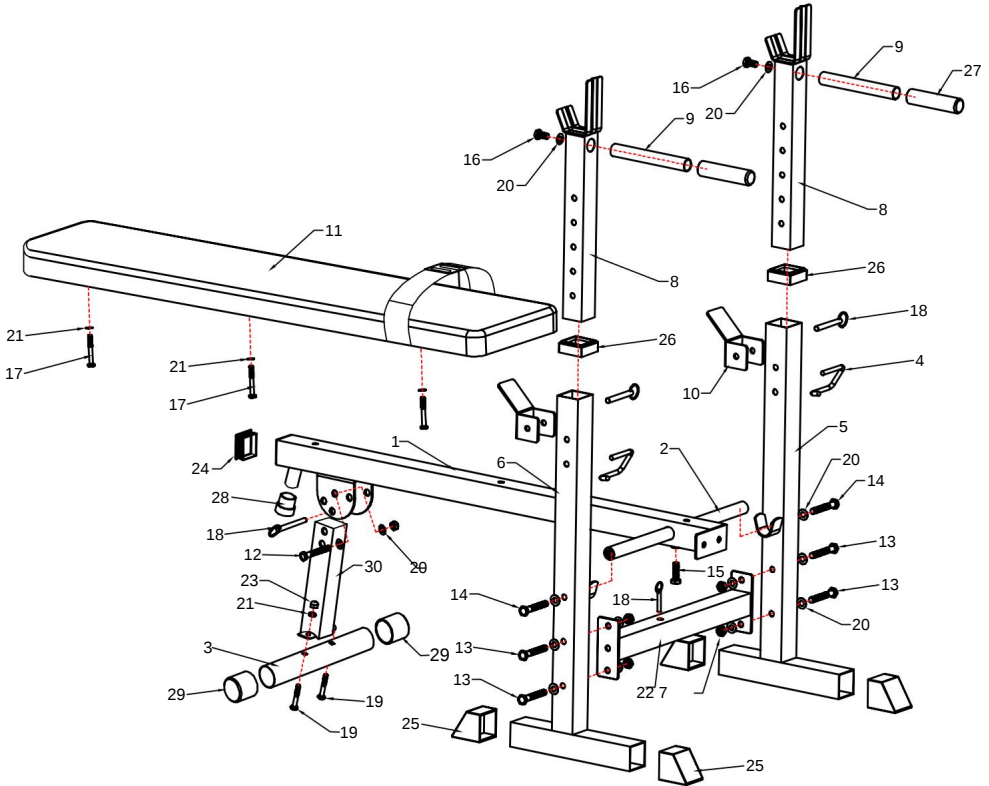
garanticertifikat www.vevor.com/support

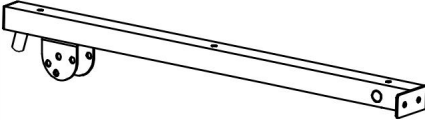
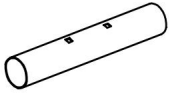
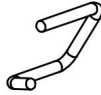
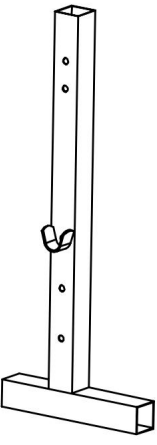
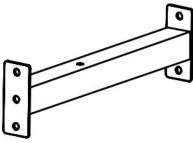
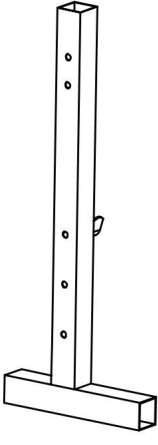
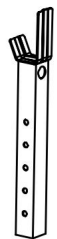
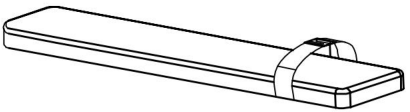
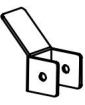
Detta är den ursprungliga instruktionen, läs alla instruktioner noggrant innan du använder den. VEVOR reserverar sig för en tydlig tolkning av vår användarmanual. Utseendet på produkten är beroende av den produkt du fått. Ursäkta oss att vi inte kommer att informera dig igen om det finns någon teknik eller mjukvaruuppdateringar på vår produkt.

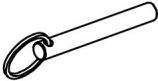
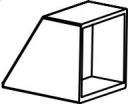


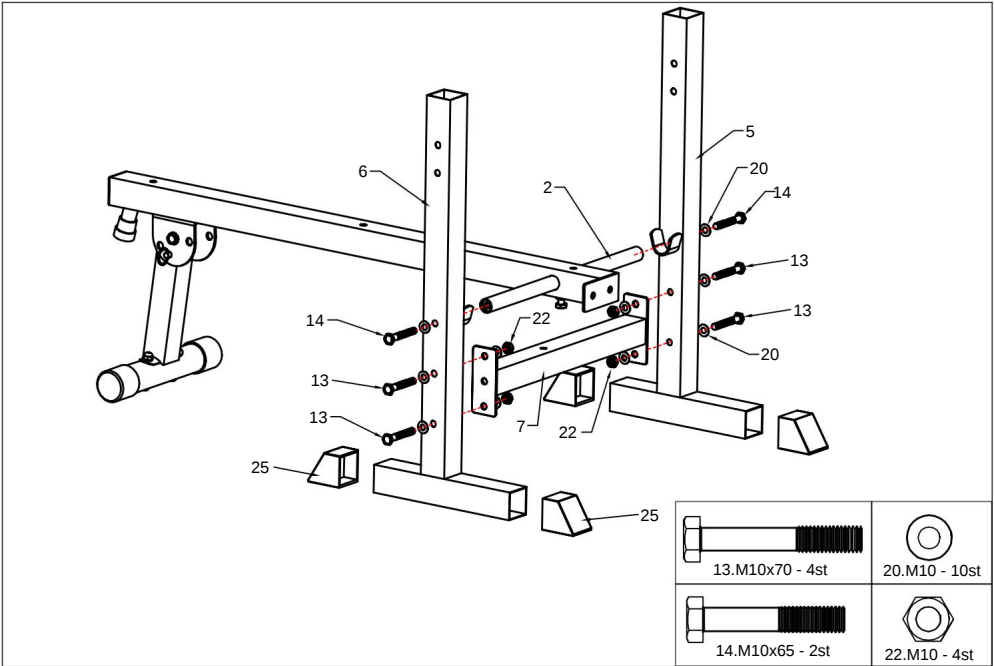
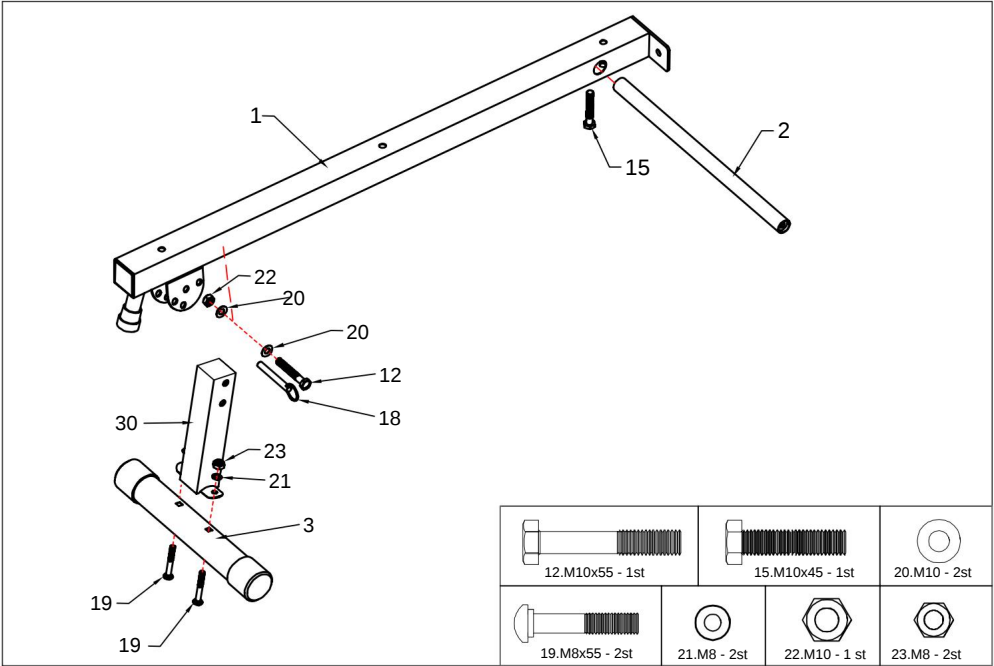


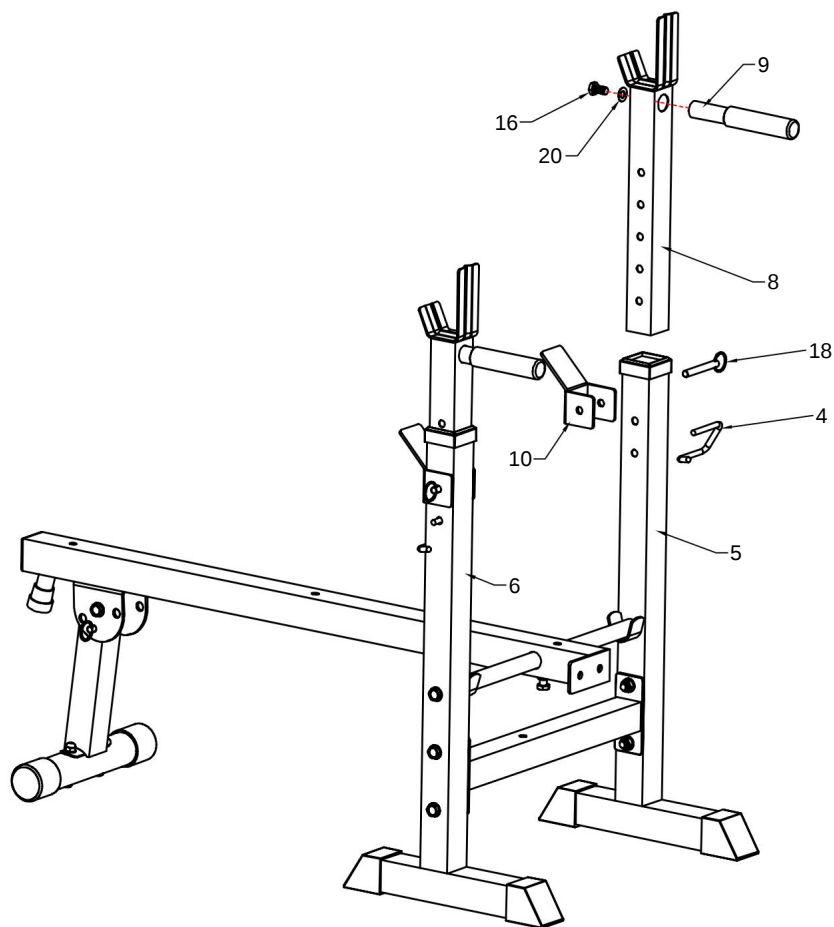
INGA.	BESKRIVNING	ANTAL	NR.	BESKRIVNING	ANTAL
1.	Huvudram	1	16.	M10x20 sexkantsbult	2
2.	Korsrör	1	17.	M8x65 sexkantsbult	3
3.	Främre basrör	1	18.	Snabbnål	4
4.	Säkerhetsnål	2	19.	M8x55 vagnsbult	2
5.	Bakre stativram (vänster)	1	20.	M10 Bricka	14
6.	Bakre stativram (höger)	1	21.	M8 Bricka	5
7.	Anslut röret	1	22.	M10 nylonmutter 23. M8 mutter	5
8.	Justerbart rör 9.	2	24.	50 Åndplugg 25.	2
	Handtag 10.	2	50	Fotskydd 26.	1
	Justerbar platta 11.	2			4
	Kudde	1		Medeltomt plugghandtag	2
12.	M10x55 sexkantsbult 13.	1	27.	25 Åndskydd	2
M10x70 sexkantsbult		4	28.		1
14.	M10x65 sexkantsbult	2	29.	50 fots skydd	2
15.	M10x45 sexkantsbult	1	30.	Främre stativram	1



1  1 st	2  1 st	3  1 st
4  2 st	5  1 st	
7  1 st	6  1 st	
8  2 st	9  2 st	11  1 st
10  2 st		
12  M10x55 1 st	13  M10x70 4 st	14  M10x65 2 st
		15  M10x45 1 st

16  M10x20 2st	17  M8x65 3st	18  4 st	19  M8x55 2st
20  M10 14st	21  M8 5 st	22  M10 5 st	23  M8 2 st
24  1 st	25  4 st	26  2 st	27  2 st
28  1 st	29  2 st	30  1 st	





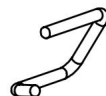
16.M10x20 - 2st



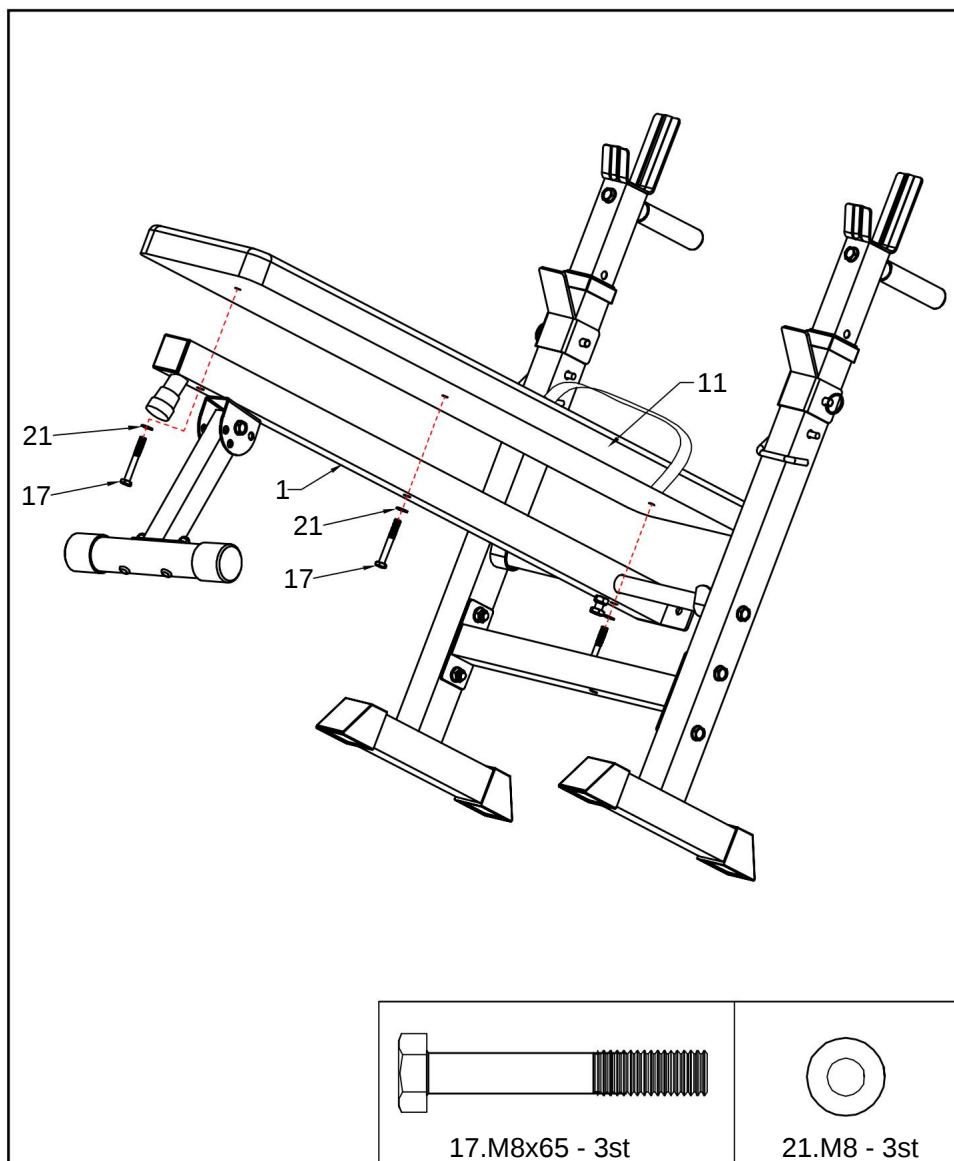
20.M10 - 2st

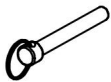
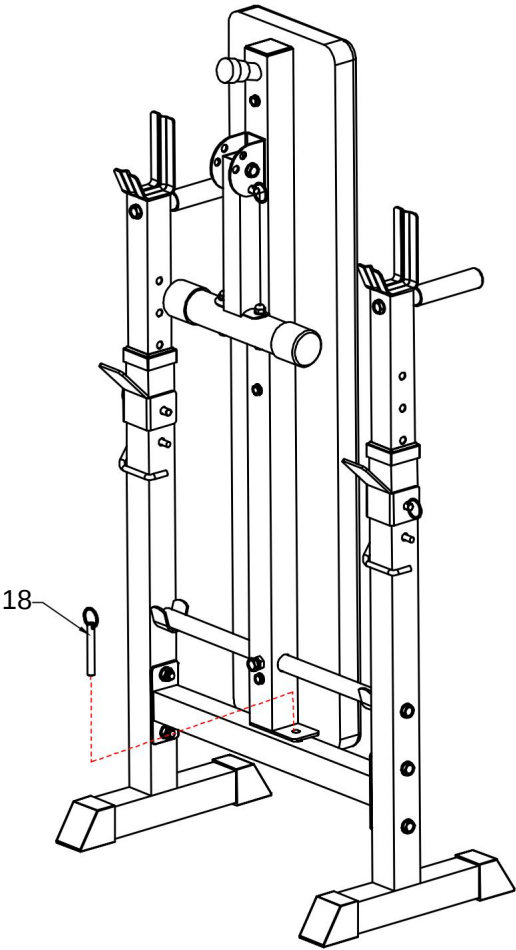


18. Pin 2st 4.

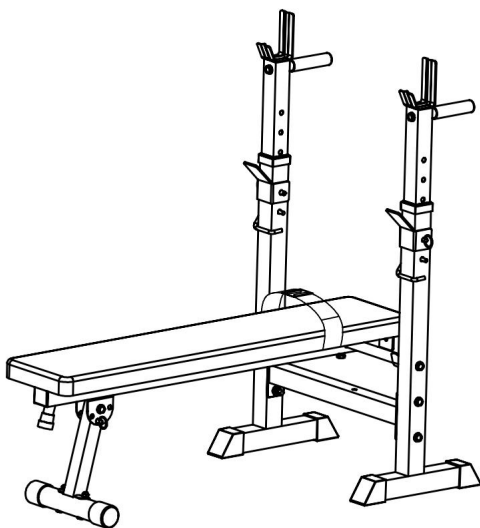
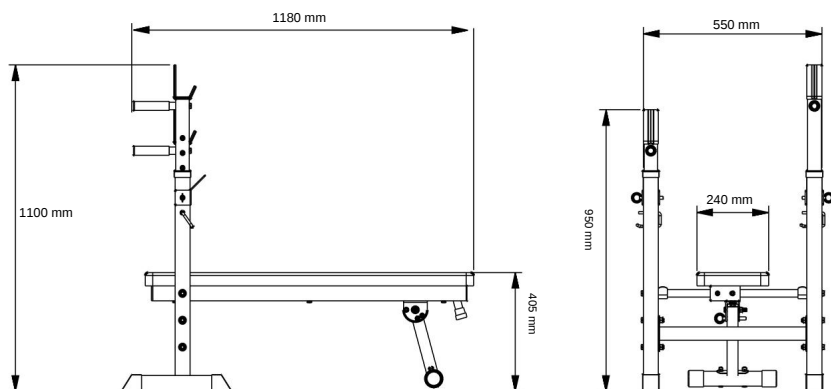


Säkerhetsnål 2st





18. Pin 1st



Maximal viktkapacitet: 400 LBS.

- 
-
1. Torka av ytan med en våt bomullstrasa.
 2. Kontrollera skruvarna regelbundet var tredje månad för att lossa och dra åt skruvarna.

Tillverkare: Shanghaimuxinmuyeyouxiangongsi **Adress:**

Shuangchenglu 803nong11hao1602A-1609shi, baoshanqu, shanghai 200000 CN.

Importerad till AUS: SIHAO PTY LTD. 1 ROKEVA STREETEASTWOOD NSW 2122
Australien

Importerad till USA: Sanven Technology Ltd. Suite 250, 9166 Anaheim Place,
Rancho Cucamonga, CA 91730



YH CONSULTING LIMITED. C/O YH Consulting Limited
Office 147, Centurion House, London Road, Staines-
upon-Thames, Surrey, TW18 4AX



E-CrossStu GmbH
Mainzer Landstr.69,
60329 Frankfurt am Main.

VEVOR[®]

TOUGH TOOLS, HALF PRICE